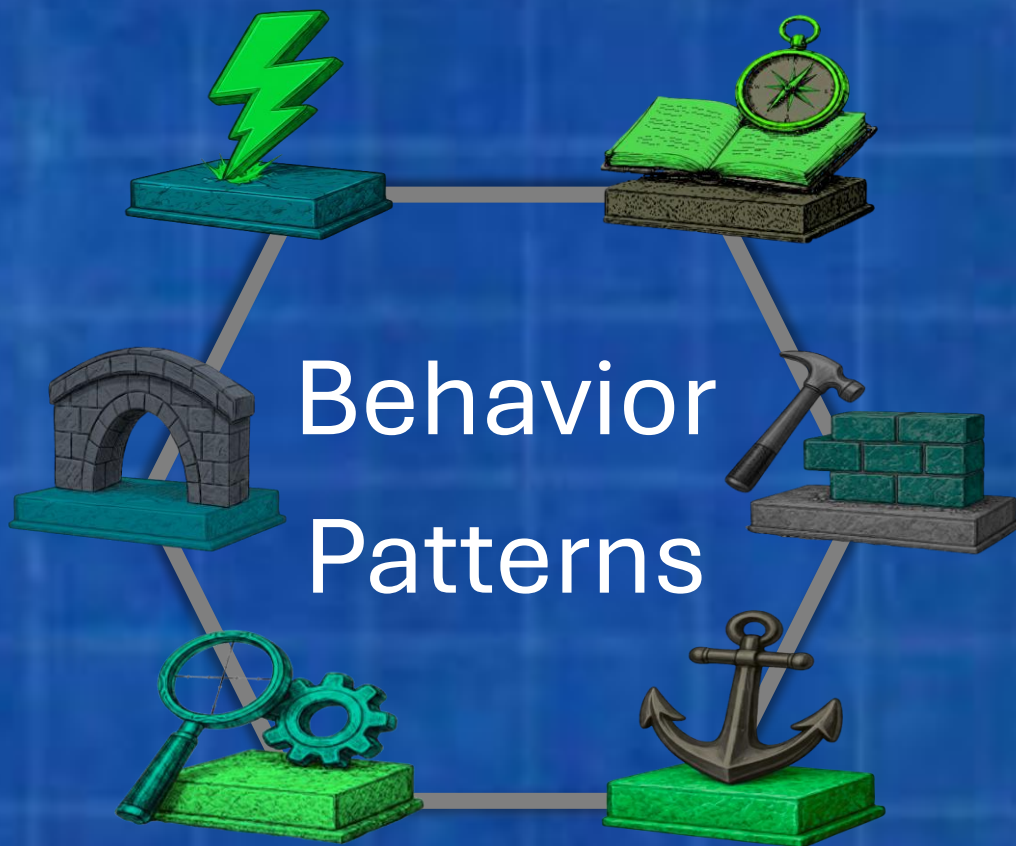


THE STRUCTURE SIX

Booklet



Chad Merk



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Disclaimer

The Structure Six Booklet is a reflective tool designed to support self-awareness, understanding, and personal growth. It is not a clinical or diagnostic assessment and should not be used as a substitute for psychological, medical, or mental health advice. Its purpose is to offer insight, not labels, and to help readers better understand patterns in how they think, feel, relate, and respond.

Note

The Structure Six plays a key role in the Enhanceum Book Collection. In these books it is utilized to help personal wellbeing, relational wellbeing, and neuro wellbeing.

The goal is to strengthen how we live, work, lead, and relate to others.

For deeper growth in awareness, understanding, and action please refer to enhanceum.ca/resources.

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Instructions For The Structure Six

On the next page, you will find *The Structure Six Ranking Model*. As you complete the ranking, focus on who you are now, not who you wish to be. Rank each statement as honestly and carefully as you can, allowing clarity to arrive in its own time.

When you are finished, review your *Structure Six* behavior pattern. This will help you recognize how you think, behave, and relate to others. No behavior pattern is better than another. Each simply offers a different lens for understanding yourself.

The Structure Six Ranking Model

Below are the three traits. Rank them from 1 to 3 based on how closely each definition fits you.

Use each number only once:

- 1 = *Most like you*
- 2 = *Somewhat like you*
- 3 = *Least like you*

After ranking, use the *Code Summary* to see which of the six behavior patterns reflects you.

<u>The Three Traits</u>	<u>Rank (1–3)</u>	<u>Letter</u>
I have a strong capacity to care, connect emotionally, and value others.	_____	H
I have a drive to act with integrity, hold strong beliefs, and protect what matters.	_____	C
I have a grounded presence marked by calm, steadiness, and composure.	_____	B

The Structure Six Code Summary

The three traits combine to form six behavior patterns. Each pattern contains the same traits, but the order changes how the behavior appears.

	<u>Code</u>	<u>Behavior</u>	<u>Description Summary</u>
	H-B-C	Connector	Connects with emotional presence. Builds trust and strong relationships through care and consistency.
	H-C-B	Energizer	Passionate, with purpose expressed through energy. Brings a spark of encouragement and action.
	C-B-H	Guider	Values integrity above all, grounded in strength and wisdom. Provides thoughtful, principled guidance.
	C-H-B	Builder	Purpose-driven and grounded in focus. Brings structure, resilience, and steady contribution.
	B-H-C	Anchor	Calm and dependable. Creates safety and consistency through relational steadiness.
	B-C-H	Solver	Measured and principled. Solves problems with clarity, loyalty, and level-headed judgment.

How To Read Your Structure Six Behavior Patterns

The next pages will help you understand your natural Structure Six Behavior Pattern and how it appears in everyday life.

Your Structure Six pattern is not a label but a starting point for awareness.

Every behavioral profile in this guide is mapped using a triangle built from your own three ranked traits. To interpret the shape and the descriptions accurately, follow this three-step sequence.

The underlying rules remain identical across all six patterns.

Behavior Pattern – Page One

The Code Pattern Diagram – The triangle plots your three ranked traits at three depths, from outer edge to center:

Rank 1 (Outer Point) – Lead – The trait that comes most naturally to you, plotted at the outer point of the triangle. This is your pattern's primary driver.

Rank 2 (Middle Point) – Support – Present and active, but not what leads. Plotted at the middle point.

Rank 3 (Inner Point) – Quiet – The trait you naturally lean on last. Not absent, just the one you reach for least. Plotted at the innermost point.

Pattern Strengths – The specialized value and natural contributions your Rank-1 and Rank-2 traits bring when you're operating in your zone.

Pattern Cautions – The predictable blind spots that show up when your Rank-1 trait is left unbalanced by your Rank-3 trait.

Behavior Pattern – The pattern name and a brief description of how it shows up day to day. It provides insight into your natural tendencies and how your Lead trait tends to express itself in how you think, behave, and relate to others.

Behavior Pattern – Page Two and Three

Pairing Breakdown – Each pairing describes how two of your ranked traits work together, following a consistent three-part sequence for every pattern:

Rank 1–2 Pairing – Your two strongest traits, working together. This is where your natural drive comes from, and it's usually the clearest picture of what makes this pattern effective.

Rank 2–3 Pairing – Your secondary trait and your quietest one. This shows where you steady yourself when your Lead trait isn't the one leading.

Rank 1–3 Pairing – Your Lead trait and your Quiet trait, at their furthest distance from each other. This is where your blind spots tend to show up, since your strongest instinct and your least-used one are pulling in different directions.

Each pairing description follows the same flow:

What the two traits look like in combination, how that combination shows up in daily behavior, and what it means for how you naturally operate.

5 Key Strengths – When this pattern is operating at its best, these five strengths show how it naturally brings value to a team or relationship.

5 Key Cautions – When this pattern overextends its Lead trait without support from its Quiet trait, these five cautions show the predictable blind spots that can follow.

Behavior Pattern – Page Four to Nine

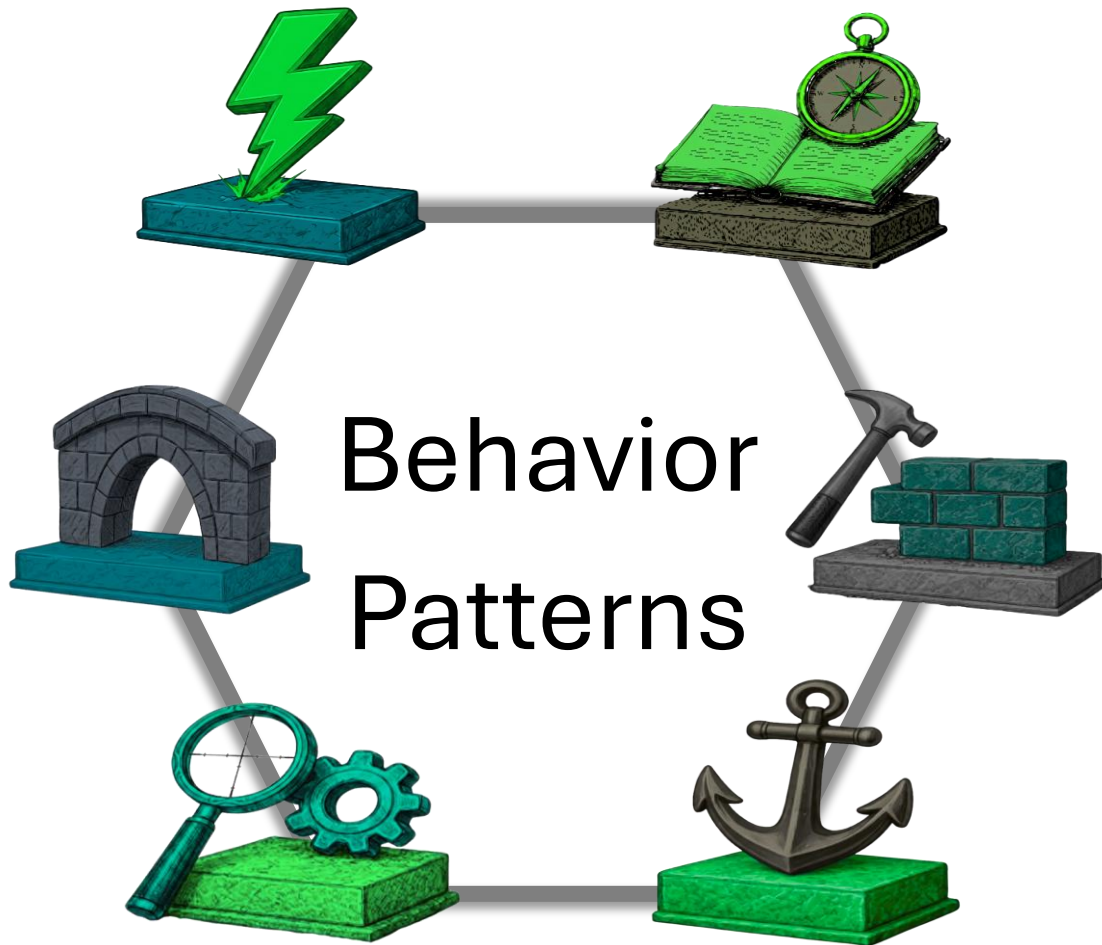
Understanding Pattern Alignments – This section serves as a guide for navigating the interaction between two distinct behavioral patterns within the Structure Six framework. Each alignment explores how two patterns overlap and the resulting impact on professional relationships.

The Pattern Diagram – Each alignment features an overlapping triangle diagram that maps precisely where two patterns share a rank and where they diverge. Shared points represent shared natural priorities, while the traits where ranks differ highlight where one profile's approach may feel unfamiliar or challenging to the other.

Shared Strength – This section defines the high-velocity alliance formed when two patterns synchronize. It identifies the specific combination of Harmony, Conviction, and Balance that creates a unique competitive advantage for that pairing, illustrating how their combined capabilities amplify results.

Shared Challenge – Every dynamic contains inherent friction points. This section identifies the tug of war between profiles, where differences in pacing, focus, or risk tolerance can lead to operational gridlock. Identifying these patterns early allows for the conscious bridging of these gaps before they become systemic obstacles.

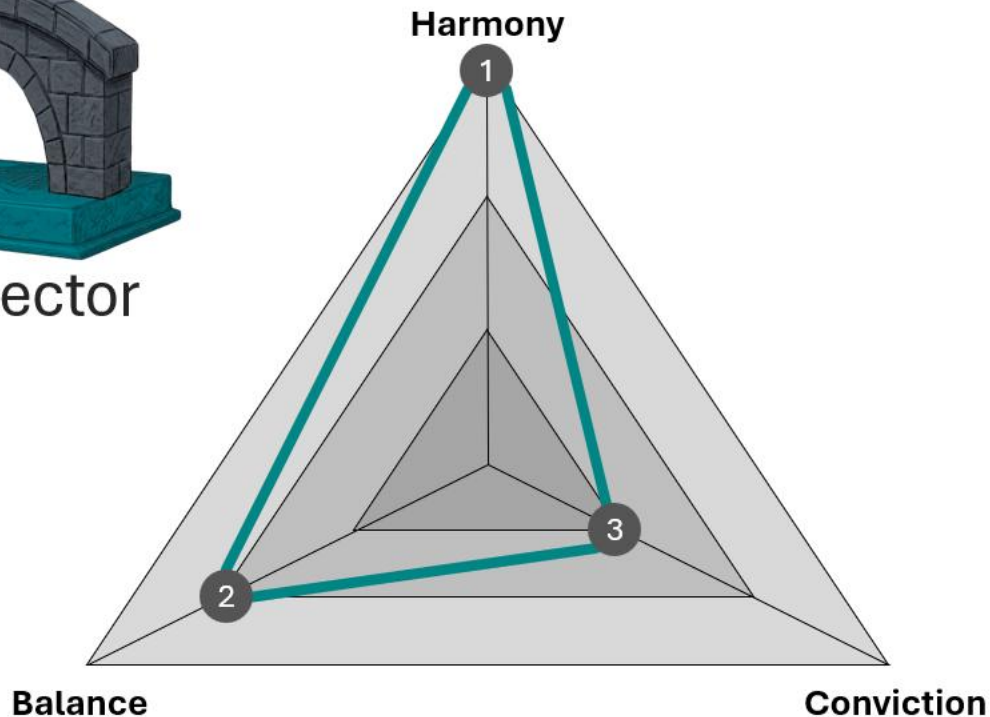
The Structure Six



H-B-C



Connector



Behavior Pattern – Connector

The Connector is a natural people person who is warm, welcoming, and loves working with others.

They thrive on bringing people together, making sure everyone feels included, and keeping a close eye on how the team is feeling.

They can bend strict rules if it means making people comfortable, and they tend to listen patiently rather than push their own personal agenda.

While they pour a ton of social energy into building a happy, unified group, they will actively back away from cold analysis, working in isolation, or getting into aggressive, face-to-face arguments.

For them, keeping the shared space safe and friendly is what matters most.

Rank 1–2 Pairing – Harmony & Balance

This pairing is the Connector's primary engine. Secured by an absolute peak in Harmony and supported by a strong Balance score close behind it, this combination gives the Connector immense relational intuition paired with a genuinely accommodating nature.

They possess a natural radar for sensing shifts in the interpersonal climate of a room, leaning forward into the social environment rather than observing from the sidelines.

Because their desire for shared comfort outpaces their need for rigid rules, they view workflows as flexible mechanisms meant to serve people, not constrain them, happily bending a protocol or timeline if holding it would cause interpersonal friction.

Rank 2–3 Pairing – Balance & Conviction

This pairing marks the Connector's quietest territory. With Balance already soft and Conviction sitting at the very bottom of their ranking, this combination shows a clear aversion to cold detachment.

The Connector doesn't step back to analyze people as metrics, nor do they enforce rigid isolation or handle situations with analytical distance.

Because Conviction sits furthest from their dominant Harmony, they struggle most when a decision calls for bypassing feelings in favor of a blunt, numbers-driven call, their entire system is wired to reject that kind of mechanical detachment.

Rank 1–3 Pairing – Harmony & Conviction

This pairing captures the Connector's most intentional self-regulation. Their peak Harmony gives them the forward-leaning energy to participate and step fully into a room, but with Conviction all the way at the bottom, that energy never turns into demanding or unilateral pushing.

The Connector wants things to move forward, but they consciously strip away forceful assertion, stepping into the space without a competitive personal agenda, preferring to facilitate collective movement rather than enforce a singular will.

5 Key Strengths

Cultivating Empathy – Naturally senses the emotional temperature of a room to ensure everyone feels heard and valued.

Relational Diplomacy – Uses honest, tactful communication to navigate sensitive dynamics and ease friction before it grows.

Team Unification – Acts as the interpersonal glue that pulls people together into a steady, connected group.

Psychological Safety – Builds trust where people feel safe to speak up, share ideas, and make mistakes.

Consensus Preservation – Protects shared harmony by fostering real alignment and genuine buy-in on shared goals.

5 Key Cautions

Rule Accommodation – Risks bending formal structural constraints and operational guidelines to accommodate personal preferences.

Decision Hesitation – Delays making critical or urgent organizational choices if the outcome is likely to disrupt team comfort.

Friction Avoidance – Struggles to address a hard issue directly, out of a desire to prevent immediate discomfort.

Over-Compromising Standards – May sacrifice real honesty early in a process just to secure surface-level agreement or peace.

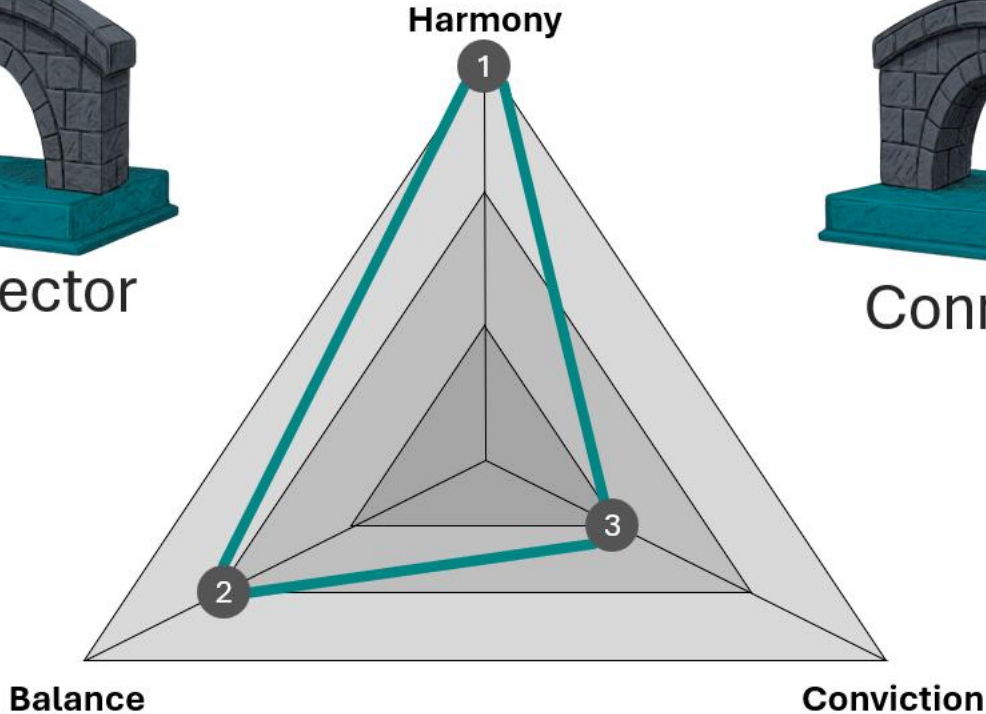
Emotional Overwhelm – Absorbs the stress of the team, putting personal resilience at risk by prioritizing collective comfort over objective boundaries.

H-B-C



Connector

Harmony



H-B-C



Connector

Shared Strength

Two Connectors form a hyper-empathetic alliance optimized for extreme team cohesion and psychological safety. With a perfectly unified radar for emotional dynamics, they ensure every individual feels profoundly seen and valued. They excel at weaving people together to maintain a deeply supportive, inclusive culture.

Shared Challenge

Their primary risk is an absolute lack of structural friction, trapping them in an echo chamber of emotional accommodation. By ignoring cold data and hard metrics, they avoid necessary confrontation and difficult decisions. Without external analytical influence, they often choose to protect group morale over enforcing the discipline required for growth.

H-B-C

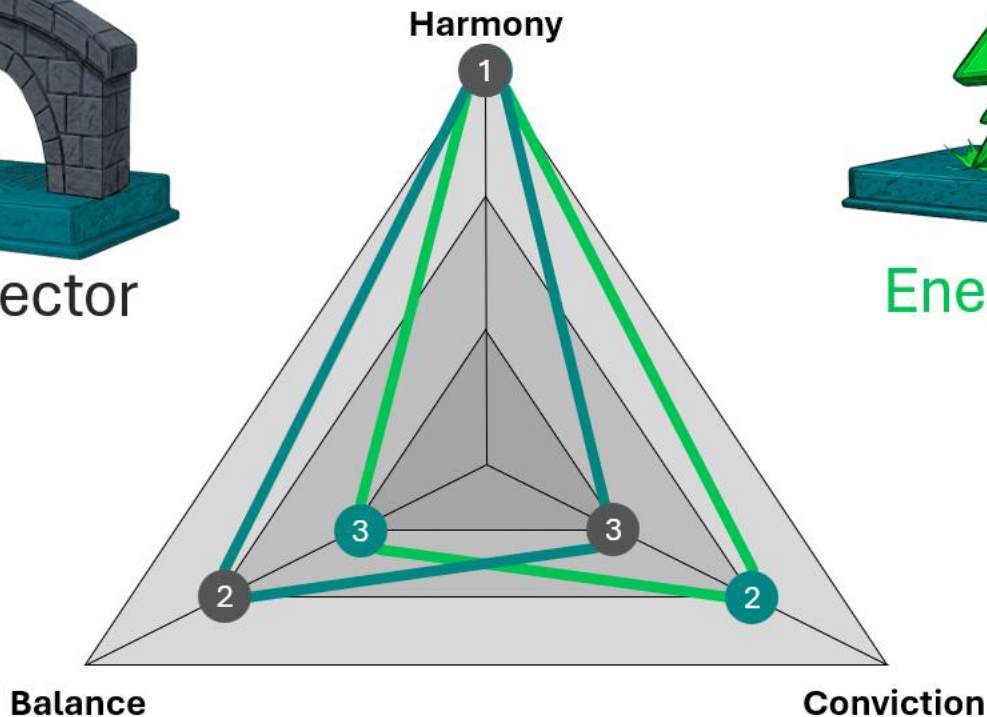


Connector

H-C-B



Energizer



Shared Strength

The Connector and Energizer build an ultra-relational, high empathy partnership. Both maximize energy in Harmony, enabling the Energizer to project contagious enthusiasm while the Connector weaves individuals together. This unifies teams, creates deep psychological safety, and ensures people feel genuinely valued.

Shared Challenge

Their shared vulnerability is that neither pattern leads with Conviction or Balance, so their energy runs on emotional momentum rather than firm boundaries or steady process. This can leave them bypassing operational guardrails and delaying tough choices just to protect the mood of the room.

H-B-C

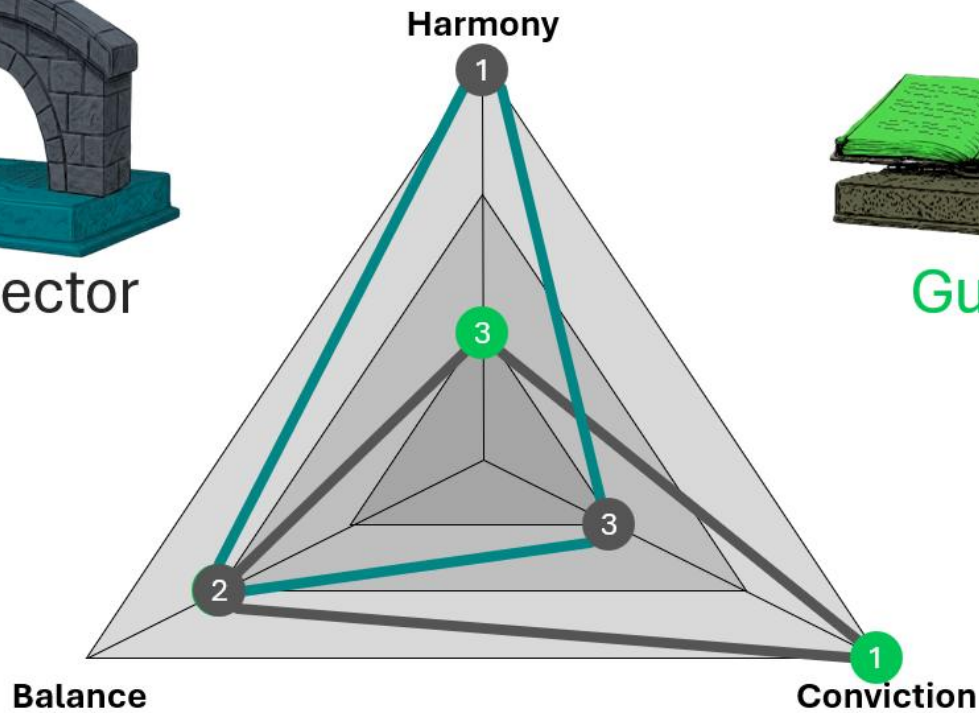


Connector

C-B-H



Guider



Shared Strength

The Connector and Guider build an exceptionally steady partnership bridging people and processes. The Connector brings relational diplomacy and empathy to maintain group cohesion. The Guider supplies objective clarity, structural guardrails, and analytical verification. Together they ensure operations run with total factual accuracy while maintaining deep interpersonal trust.

Shared Challenge

Their primary friction point is a tug of war between subjective accommodation and detached logic. The Connector wants to bend formal constraints to protect team comfort, often viewing the Guider's rigid rules as unfeeling. Conversely, the Guider prioritizes unyielding principles and metrics, growing frustrated when the Connector delays tough decisions just to protect individual feelings.

H-B-C

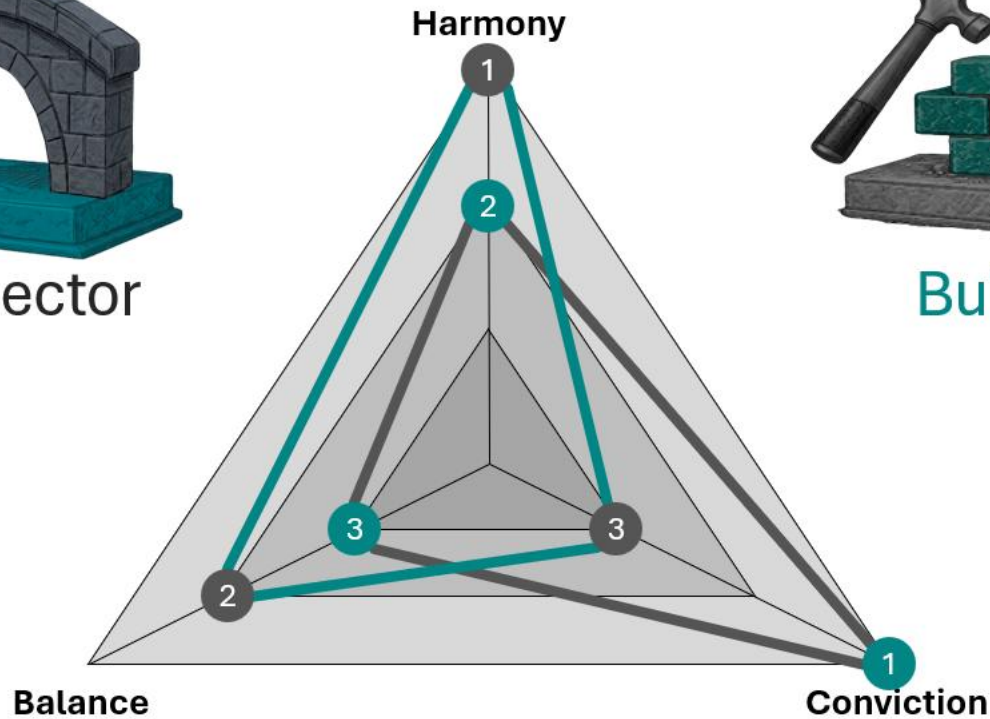


Connector

C-H-B



Builder



Shared Strength

The Connector and Builder form a high-impact alliance that bridges human connection with driving execution. The Connector provides the interpersonal mediation and deep empathy needed to keep team morale high, while the Builder supplies the conviction and momentum to push initiatives forward. Together, they create a rhythm that balances intense, goal-oriented progress with a healthy, supportive group culture.

Shared Challenge

Their primary friction point is a tug of war between relational harmony and rapid speed. Because the Builder prioritizes velocity and outcome, they can feel frustrated by the Connector's need to pause for group consensus and interpersonal alignment. Conversely, the Connector may view the Builder's aggressive drive as disruptive, causing them to stall momentum by over-focusing on the emotional comfort of the room.

H-B-C

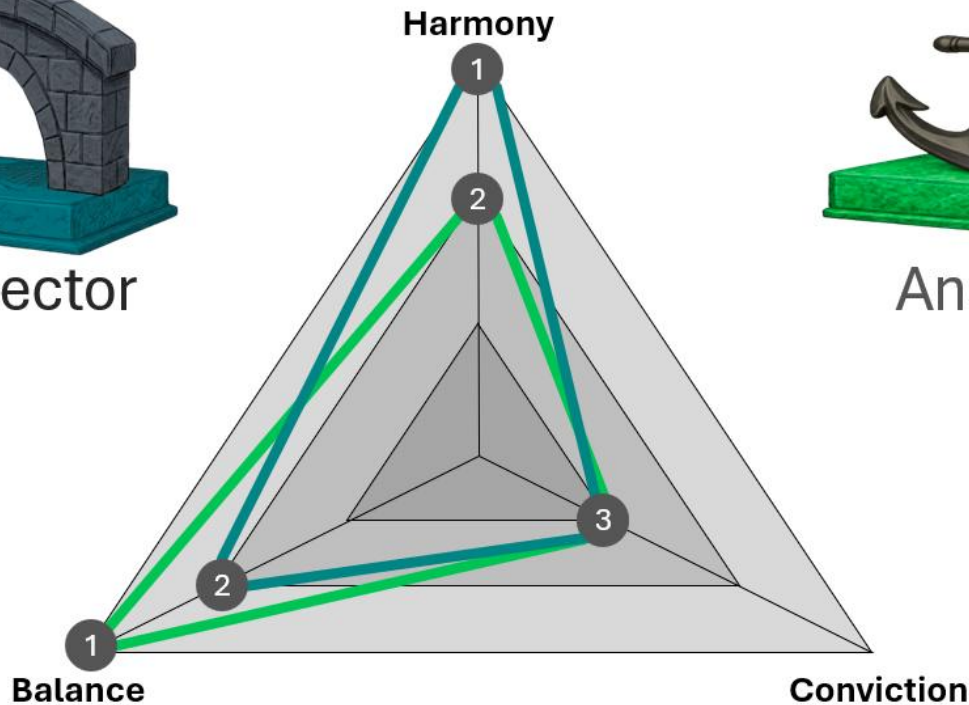


Connector

B-H-C



Anchor



Shared Strength

The Connector and Anchor build a stable partnership focused on team wellbeing. Both prioritize human connection and structural reliability, excelling at building psychological safety and organizational consistency. The Connector preserves group harmony, while the Anchor provides the predictable framework needed to keep the team secure.

Shared Challenge

Their primary risk is stagnation, as both pull away from the bold conviction needed for outward growth. By prioritizing internal comfort and existing processes, they easily become trapped in a loop of administrative caution. Without external disruption, they tend to avoid tough decisions and delay innovation to protect the status quo.

H-B-C

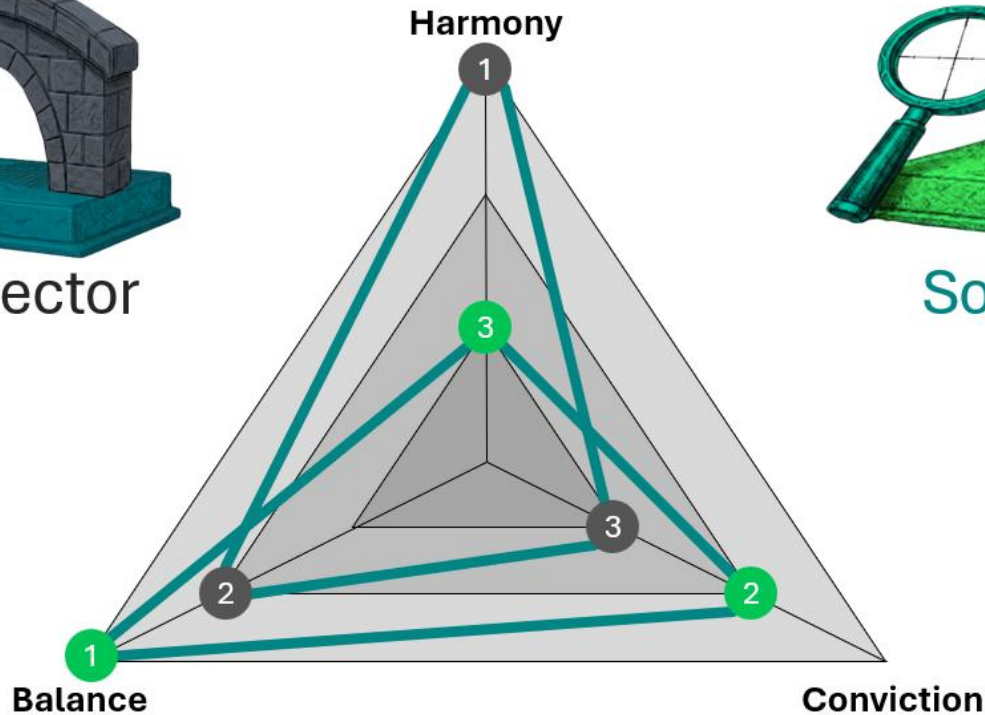


Connector

B-C-H



Solver



Shared Strength

The Connector and Solver form a comprehensive alliance that bridges human connection with technical precision. The Connector brings relational diplomacy and empathy to maintain group cohesion, while the Solver provides the objective logic and structural balance required for complex problem-solving. Together they ensure that organizational initiatives are grounded in both factual accuracy and genuine team trust.

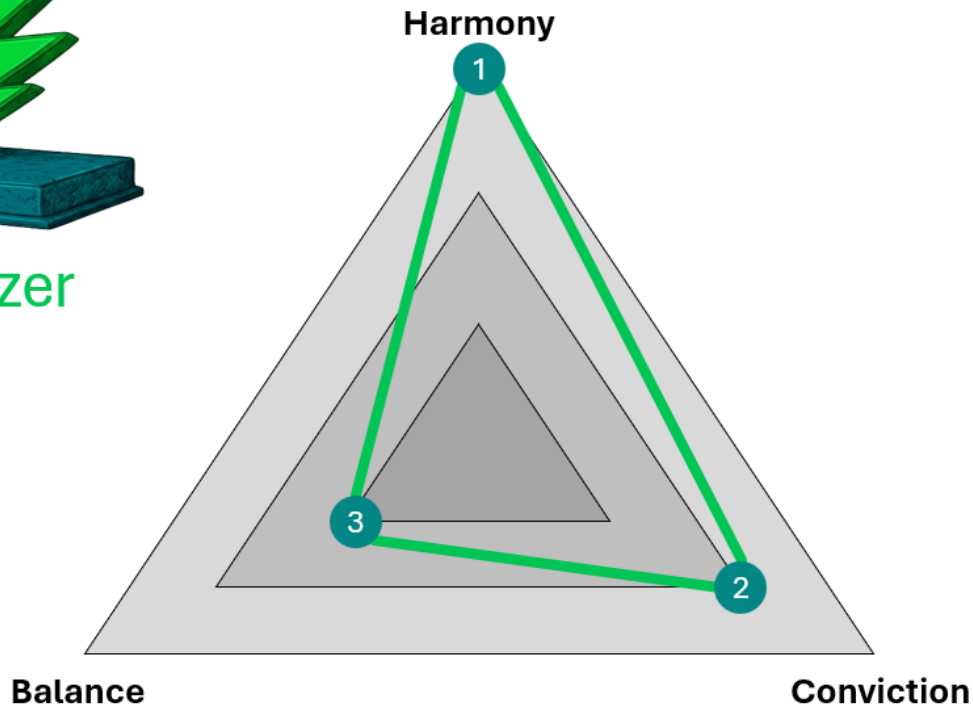
Shared Challenge

Their primary friction point is a tug of war between subjective accommodation and detached logic. The Connector wants to preserve interpersonal harmony and often views the Solver's rigid adherence to data as overly clinical or cold. Conversely, the Solver prioritizes objective truth and systematic order, often growing frustrated when the Connector delays tough decisions just to protect the emotional comfort of the room.

H-C-B



Energizer



Behavior Pattern – Energizer

The Energizer is a bright, relatable spark who motivates the people around them with a mix of genuine warmth and strong personal belief.

They are incredibly good at reading the room and connecting with others on a deeper level.

When they want to push a great idea forward, they don't rely on force; instead, they do it by getting people excited and involved.

They naturally put relationships and human connection first, and they will gladly walk away from rigid rules, cold statistics, and detached analysis to keep the environment feeling inspired, flexible, and completely unified.

Rank 1–2 Pairing – Harmony & Conviction

This pairing is the Energizer's primary engine. Secured by an absolute peak in Harmony and backed by a strong Conviction close behind it, this combination gives the Energizer both deep interpersonal warmth and real personal belief.

They possess an intuitive radar for human emotion, naturally leaning into the social environment to support team morale, but unlike a purely relational pattern, they also carry genuine conviction and a willingness to challenge stagnation.

Because their internal drive matches their outward warmth, they excel at moving people and ideas forward together, rallying a room rather than pushing it.

Rank 2–3 Pairing – Conviction & Balance

This pairing shows where the Energizer's drive outpaces their patience for structure. With Conviction strong and Balance sitting at the very bottom of their ranking, they carry real personal belief but little interest in slow, methodical process.

They rarely pause to verify metrics, capacities, or established procedure before acting, their conviction is ready to move well before their sense of operational caution catches up.

Rank 1–3 Pairing – Harmony & Balance

This pairing captures the Energizer's most flexible territory. Their peak Harmony pulls them toward people and connection, while Balance sitting last means they carry almost no attachment to rigid rules or consistency.

They manage workflows through relational synergy rather than structure, happily bending a timeline or checklist if it preserves the group's energy and alignment.

Because Balance sits furthest from their dominant Harmony, this is also where they're most likely to skip a safeguard in the name of keeping momentum and morale high.

5 Key Strengths

Infectious Enthusiasm – Injects vibrant, high-frequency energy into any room to instantly lift morale and excitement.

Visionary Inspiration – Paints a compelling picture of a shared future, rallying people around an exciting collective purpose.

Rapid Momentum – Generates immediate forward speed, turning abstract concepts into active, high-spirited execution.

Harmonious Activation – Pulls people together through genuine relational warmth backed by real personal passion.

Spark Engagement – Breaks through stagnation by actively mobilizing people to take swift, enthusiastic action.

5 Key Cautions

Boundary Invalidation – Tends to override established guardrails and agreements in the rush to move forward.

Systemic Chaos – Creates real disruption by scattering multiple high-energy ideas without providing enough structure.

Impulsive Execution – Charges ahead on emotional alignment before checking whether the facts or the timing actually support it.

Sustainability Deficit – Struggles to maintain focus on the repetitive, low-energy maintenance phases of a project once the initial spark fades.

Resistance Friction – Reacts with intense frustration if process or caution slows down their immediate push.

H-C-B

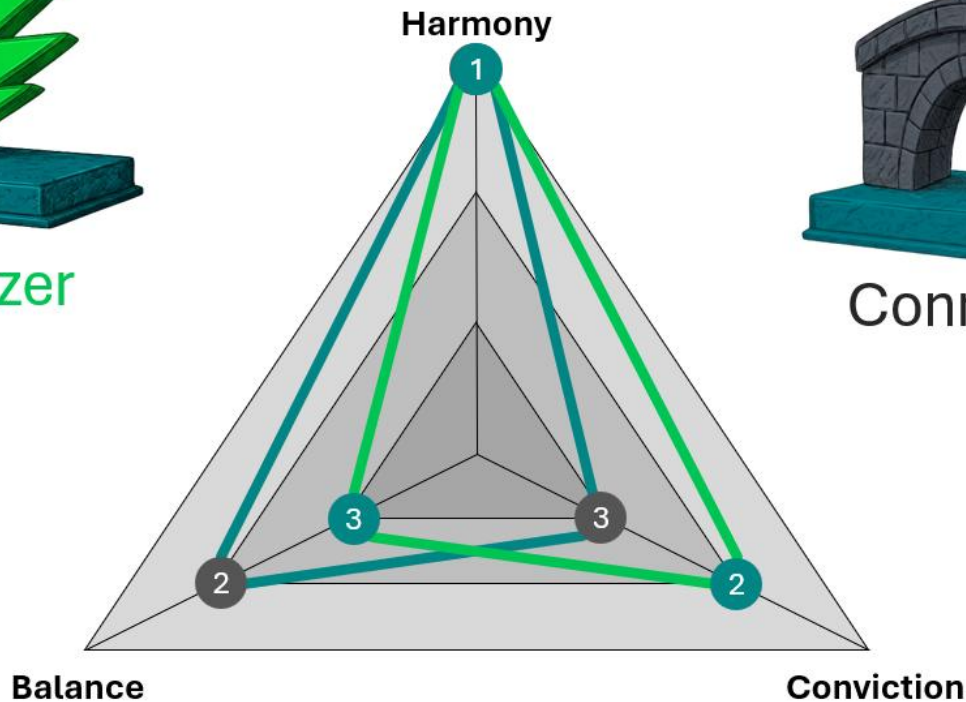


Energizer

H-B-C



Connector

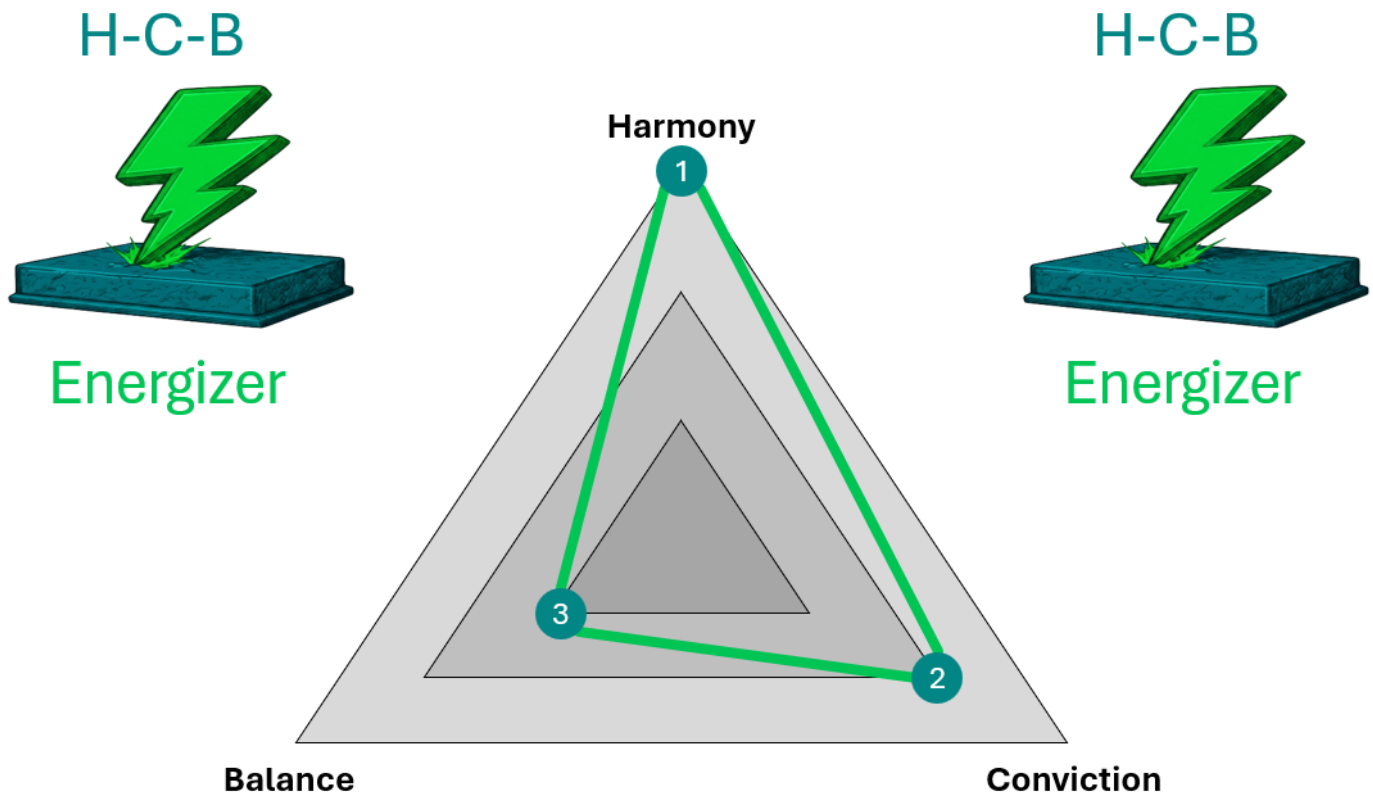


Shared Strength

The Energizer and Connector build an ultra-relational, high empathy partnership. Both maximize energy in Harmony, enabling the Energizer to project contagious enthusiasm while the Connector weaves individuals together. This unifies teams, creates deep psychological safety, and ensures people feel genuinely valued.

Shared Challenge

Their shared vulnerability is that neither pattern leads with Conviction or Balance, so their energy runs on emotional momentum rather than firm boundaries or steady process. This can leave them bypassing operational guardrails and delaying tough choices just to protect the mood of the room.



Shared Strength

Two Energizers form a high-octane alliance fueled by shared conviction and rapid momentum. With a unified radar for driving engagement, they amplify each other's enthusiasm to spark progress, overcome inertia, and inspire urgent action. They excel at rallying teams toward a common vision with infectious energy.

Shared Challenge

Their primary risk is an absolute lack of restraint, trapping them in an echo chamber of impulsive action. By de-prioritizing balance and methodical process, they frequently overlook operational guardrails and neglect essential details. Without an external stabilizing anchor, they often prioritize immediate velocity over the discipline required for long-term stability.

H-C-B

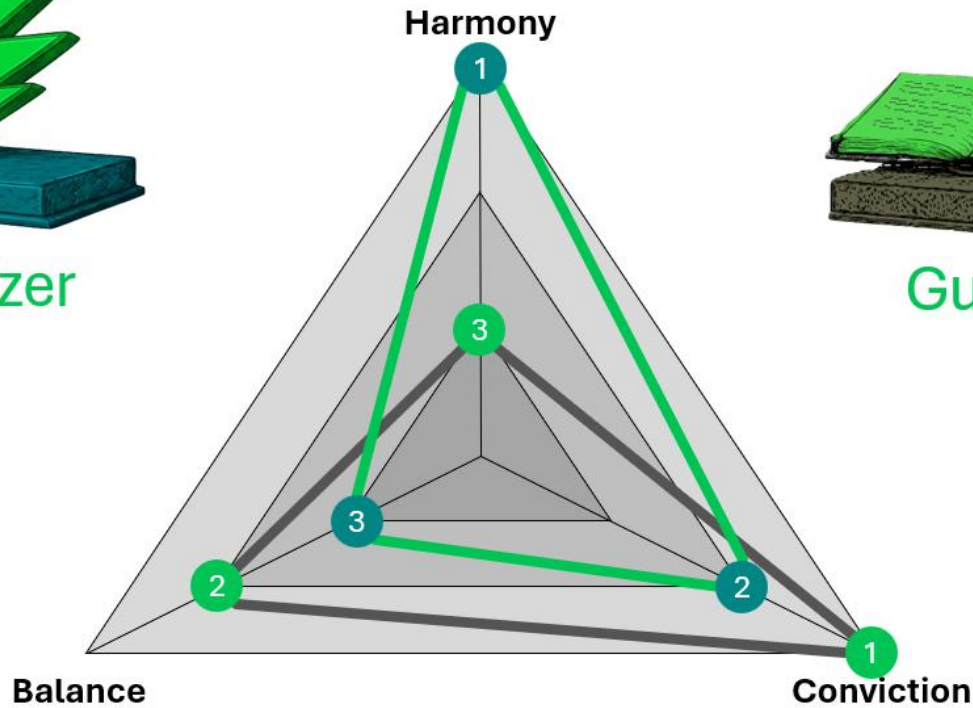


Energizer

C-B-H



Guider

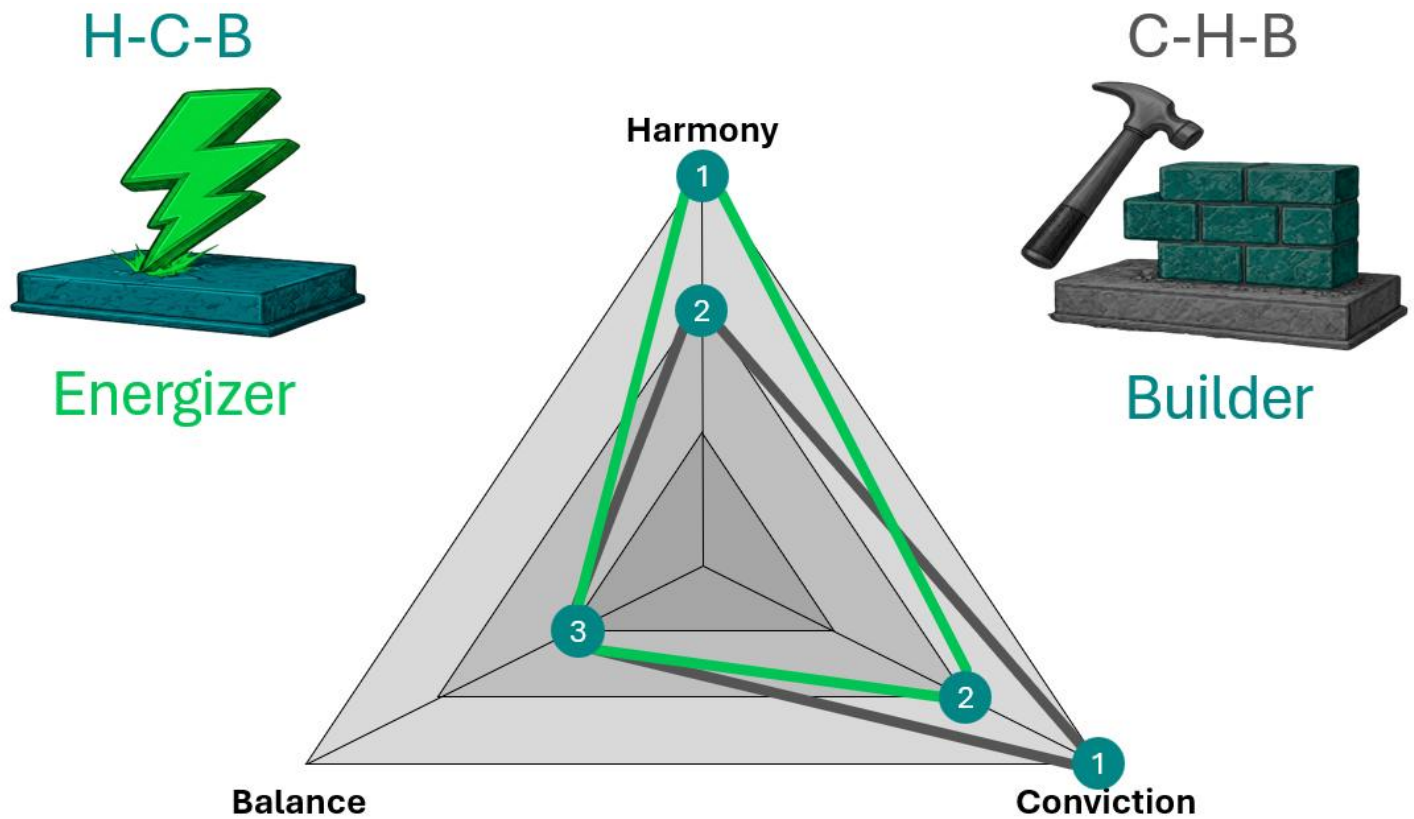


Shared Strength

The Energizer and Guider form a high-impact alliance marrying driving momentum with structural precision. The Energizer brings the conviction and engagement to rally teams and spark rapid progress. Meanwhile, the Guider supplies the objective stability and methodical guardrails required to keep that energy focused. Together, they balance bold initiative with clear, fact-based execution.

Shared Challenge

Their primary friction point is a tug of war between rapid acceleration and calculated restraint. Because the Energizer prioritizes speed, they can feel stifled by the Guider's preference for systematic process. Conversely, the Guider may view the Energizer's drive as reckless, stalling momentum by over-focusing on procedural checkpoints. They must bridge this gap to avoid operational gridlock.



Shared Strength

The Energizer and Builder form a high-velocity alliance that bridges relational enthusiasm with structural execution. The Energizer sparks rapid momentum, while the Builder provides the objective rigor required to turn energy into concrete results. Together, they balance forward-moving initiative with disciplined, task-oriented achievement.

Shared Challenge

Their primary friction point is a tug of war between expansive energy and focused structure. The Energizer prioritizes broad engagement, often feeling frustrated by the Builder's narrow focus on technical perfection. Conversely, the Builder may view the Energizer's people-focused approach as a disorganized use of time, requiring them to align these different paces to maintain productivity.

H-C-B

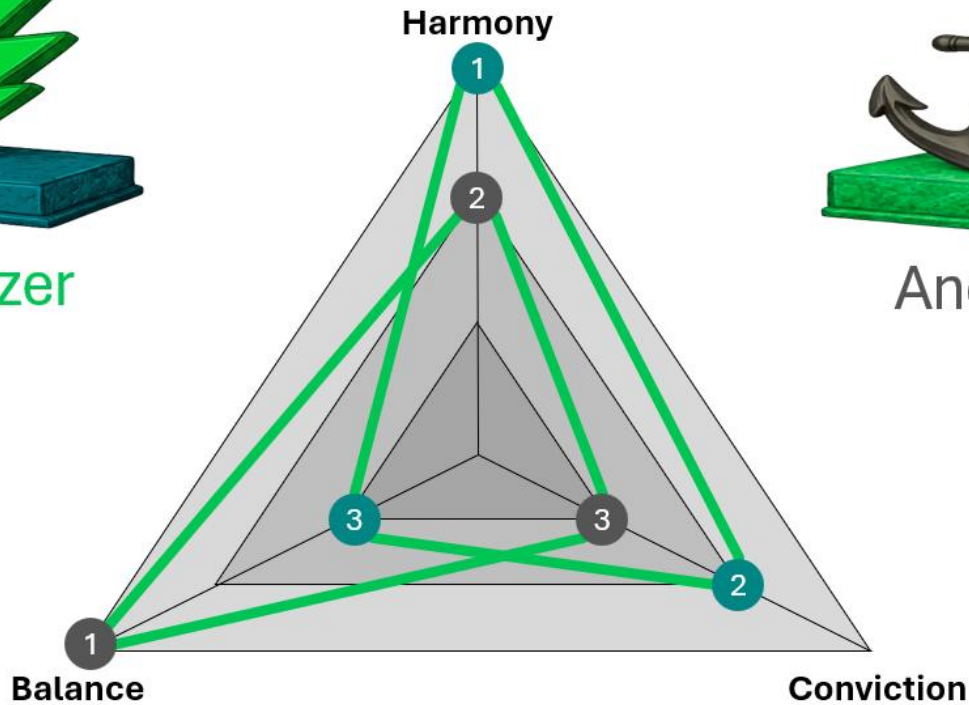


Energizer

B-H-C



Anchor



Shared Strength

The Energizer and Anchor bridge driving momentum with stabilizing consistency. The Energizer sparks progress through conviction, while the Anchor provides the operational groundedness to ensure efforts remain sustainable. Together, they balance bold initiative with the structural control required for long-term reliability.

Shared Challenge

Their primary friction point is the tug of war between expansive energy and cautious maintenance. The Energizer prioritizes speed, often feeling frustrated by the Anchor's need for stability. Conversely, the Anchor may view the Energizer's drive as volatile, stalling momentum by over-focusing on systemic safeguards.

H-C-B

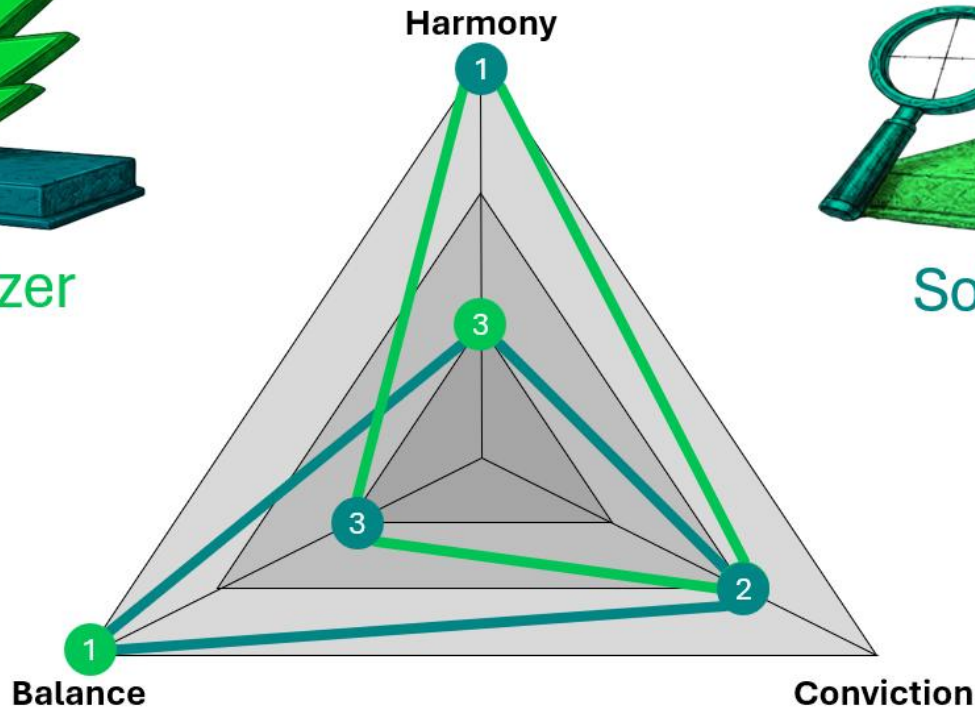


Energizer

B-C-H



Solver



Shared Strength

The Energizer and Solver bridge infectious momentum with analytical precision. The Energizer sparks rapid progress through conviction and engagement, while the Solver provides the objective logic needed to diagnose issues and refine execution. Together, they balance bold, forward-moving initiative with the factual accuracy required for high-impact problem solving.

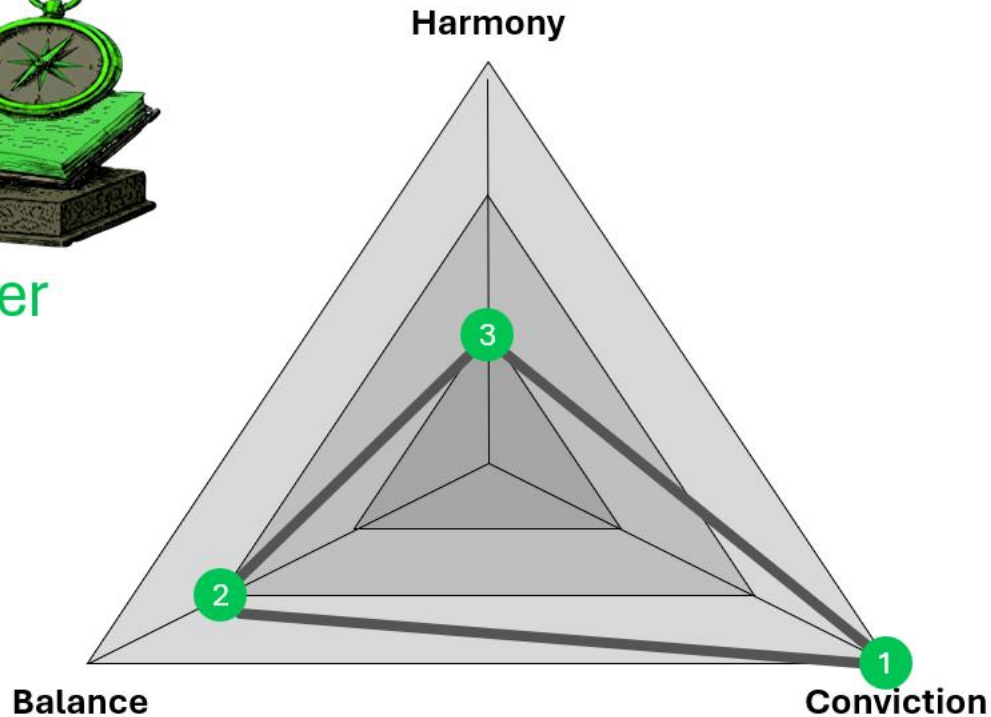
Shared Challenge

Their primary friction point is the tug of war between expansive energy and detached analysis. The Energizer prioritizes speed and human connection, often feeling stifled by the Solver's clinical focus on data and structural logic. Conversely, the Solver may view the Energizer's drive as disorganized or impulsive, stalling momentum by over-analyzing potential pitfalls.

C-B-H



Guider



Behavior Pattern – Guider

The Guider is an incredibly grounded, principled, and logical strategist who cares deeply about stability, clear boundaries, and the honest truth.

Guided by rock-solid values and a love for order, they look at situations through the lens of objective logic, careful risk management, and unyielding principles.

They provide a safe, structured, and predictable game plan that protects the team or project from outside chaos.

Because they choose hard facts over emotional diplomacy, they will actively back away from loud social selling or managing hurt feelings, preferring instead to lead through quiet, steady authority and protective guidance.

Rank 1–2 Pairing – Conviction & Balance

This pairing is the Guider's primary engine. Secured by an absolute peak in Conviction and backed by a strong Balance close behind it, this combination gives the Guider unmatched analytical clarity.

They don't look at environments through a lens of personal bias, they evaluate facts, track metrics, identify structural vulnerabilities, and establish clear operational boundaries.

By matching ironclad personal standards with strict systemic control, they ensure solutions are realistic, stable, and built to last.

Rank 2–3 Pairing – Balance & Harmony

This pairing shows the Guider's quiet, structured territory. With Balance strong and Harmony sitting last, they maintain a predictable, low-friction environment without needing to be expressive or people-focused to do it.

They choose not to engage in hyper-expressive people-pleasing, instead using structural discipline to build stable frameworks where workflows stay clear and disruptions stay minimal, protecting the team through reliable process rather than emotional reassurance.

Rank 1–3 Pairing – Conviction & Harmony

This pairing captures the Guider's most intentional avoidance, and it's the widest gap in their pattern. Peak Conviction gives them immovable standards and goals, but with Harmony all the way at the bottom, that conviction rarely gets expressed through relational diplomacy.

The Guider doesn't step forward to manage immediate emotional climates or alter standards to appease individual comfort, they choose to let structured results and objective quality speak for themselves, rather than softening the message to protect a feeling.

5 Key Strengths

Operational Clarity – Cuts cleanly through noise to define problems based entirely on facts and logic.

Detached Evaluation – Diagnoses a problem objectively, separating the real issue from the personalities involved.

Factual Problem-Solving – Delivers clear, well-reasoned solutions to complex, difficult problems.

Analytical Precision – Evaluates a challenge through a rigorous, honest lens of logic and evidence.

Procedural Truth – Maintains unyielding standards of honest quality, refusing to let bias dilute the outcome.

5 Key Cautions

Harmony Starvation – Neglects the emotional climate of a room, draining trust by focusing purely on the technical fix.

Clinical Expression – Communicates with such detached, literal logic that others often perceive them as cold or unfeeling.

Social Blind Spots – Misses subtle human nuances or non-verbal cues within close, collaborative relationships.

Trust Erosion – Prioritizes being factually right over protecting the safety and trust of the relationship.

Collaborative Isolation – Tends to pull away from others, preferring to work through a hard problem in total isolation.

C-B-H

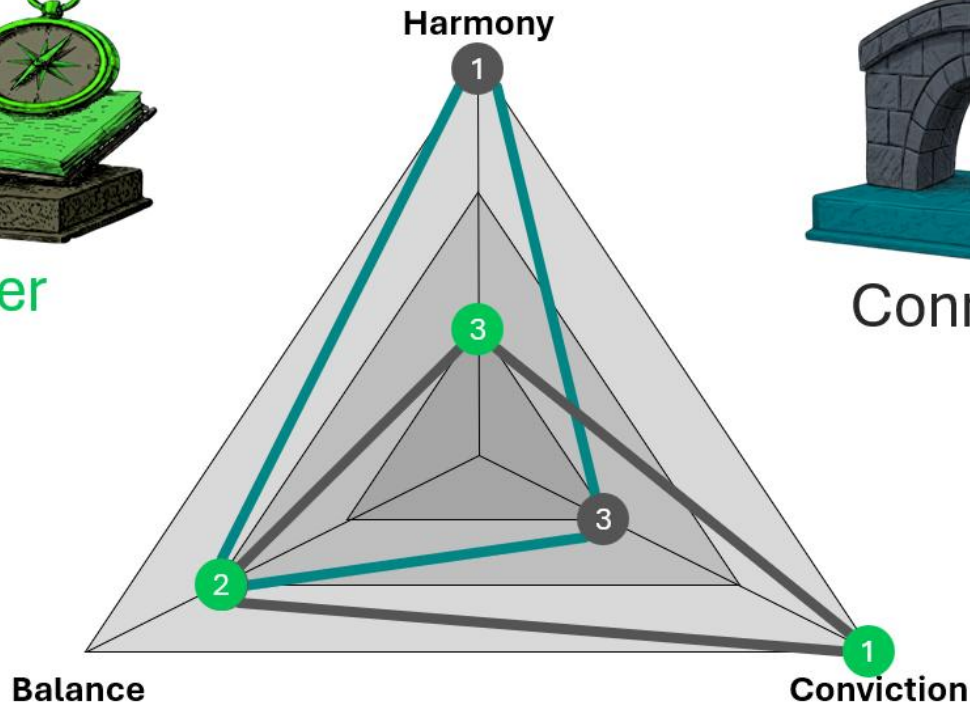


Guider

H-B-C



Connector



Shared Strength

The Guider and Connector build an exceptionally steady partnership bridging people and processes. The Connector brings relational diplomacy and empathy to maintain group cohesion. The Guider supplies objective clarity, structural guardrails, and analytical verification. Together they ensure operations run with total factual accuracy while maintaining deep interpersonal trust.

Shared Challenge

Their primary friction point is a tug of war between subjective accommodation and detached logic. The Connector wants to bend formal constraints to protect team comfort, often viewing the Guider's rigid rules as unfeeling. Conversely, the Guider prioritizes unyielding principles and metrics, growing frustrated when the Connector delays tough decisions just to protect individual feelings.

C-B-H

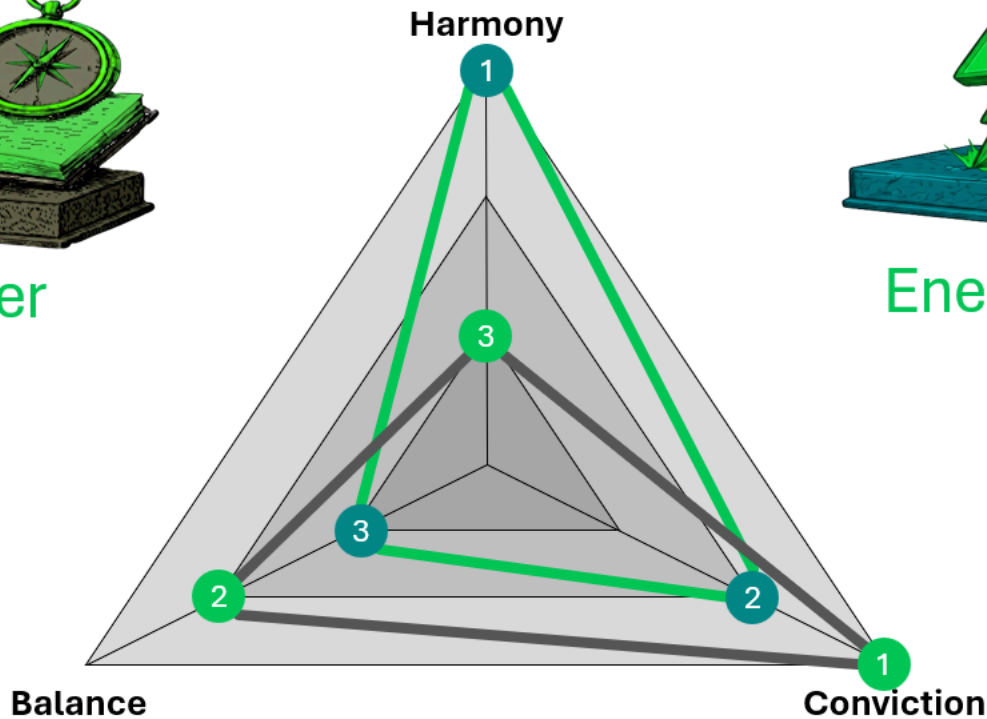


Guider

H-C-B



Energizer



Shared Strength

The Guider and Energizer form a high-impact alliance marrying driving momentum with structural precision. The Energizer brings the conviction and engagement to rally teams and spark rapid progress. Meanwhile, the Guider supplies the objective stability and methodical guardrails required to keep that energy focused. Together, they balance bold initiative with clear, fact-based execution.

Shared Challenge

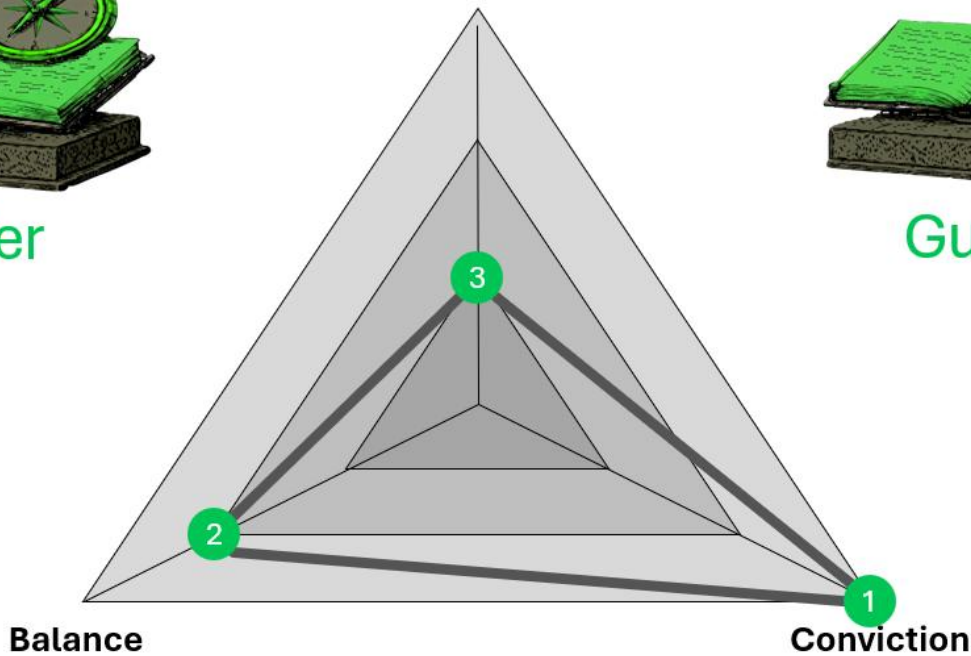
Their primary friction point is a tug of war between rapid acceleration and calculated restraint. Because the Energizer prioritizes speed, they can feel stifled by the Guider's preference for systematic process. Conversely, the Guider may view the Energizer's drive as reckless, stalling momentum by over-focusing on procedural checkpoints. They must bridge this gap to avoid operational gridlock.

C-B-H



Guider

Harmony



C-B-H



Guider

Shared Strength

Two Guiders form a disciplined, analytical alliance optimized for structural consistency and strategic clarity. With a unified radar for identifying inefficiencies, they amplify each other's focus to enforce standards, maintain objective guardrails, and keep complex initiatives on a steady course.

Shared Challenge

Their primary risk is a lack of relational flexibility, trapping them in a rigid echo chamber of procedural dogmatism. By de-prioritizing emotional nuance, they often overlook human dynamics and neglect necessary interpersonal support. Without external influence, they tend to prioritize systematic compliance over the relational health required for long-term engagement.

C-B-H

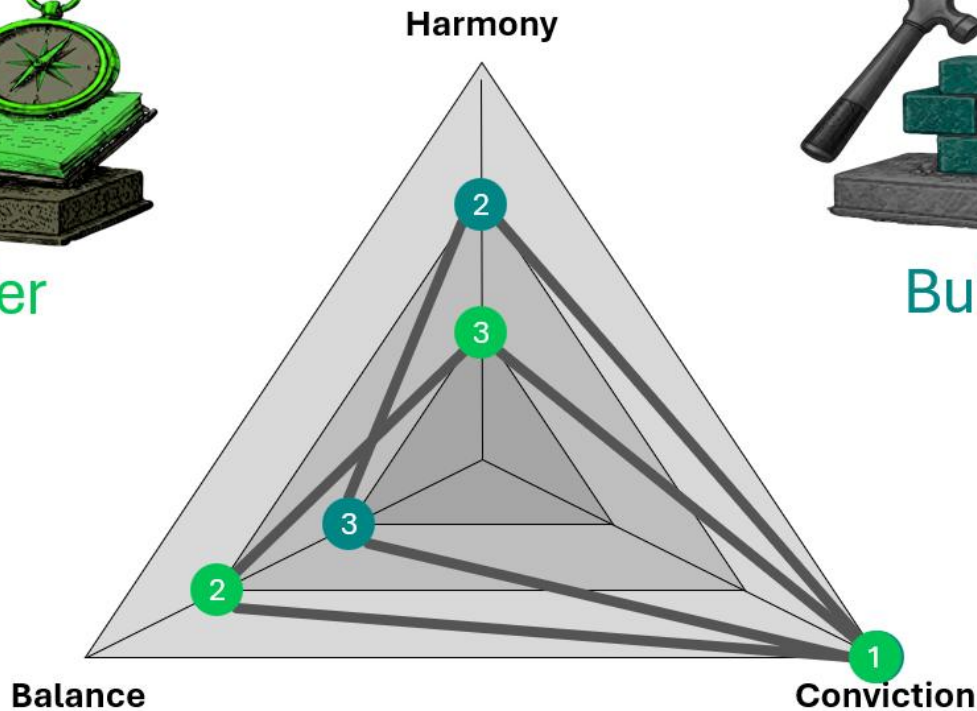


Guider

C-H-B



Builder



Shared Strength

The Guider and Builder form a formidable alliance pairing strategic foresight with driving conviction. The Guider provides the methodical mapping to keep projects on course, while the Builder supplies the momentum to turn plans into tangible results. Together, they balance thoughtful preparation with goal-oriented achievement.

Shared Challenge

Their primary friction point is the tug of war between planning and progress. The Guider prioritizes risk assessment, which can feel like unnecessary stalling to the action-oriented Builder. Conversely, the Builder often views the Guider's desire for order as rigid, leading them to bypass protocols to maintain speed.

C-B-H

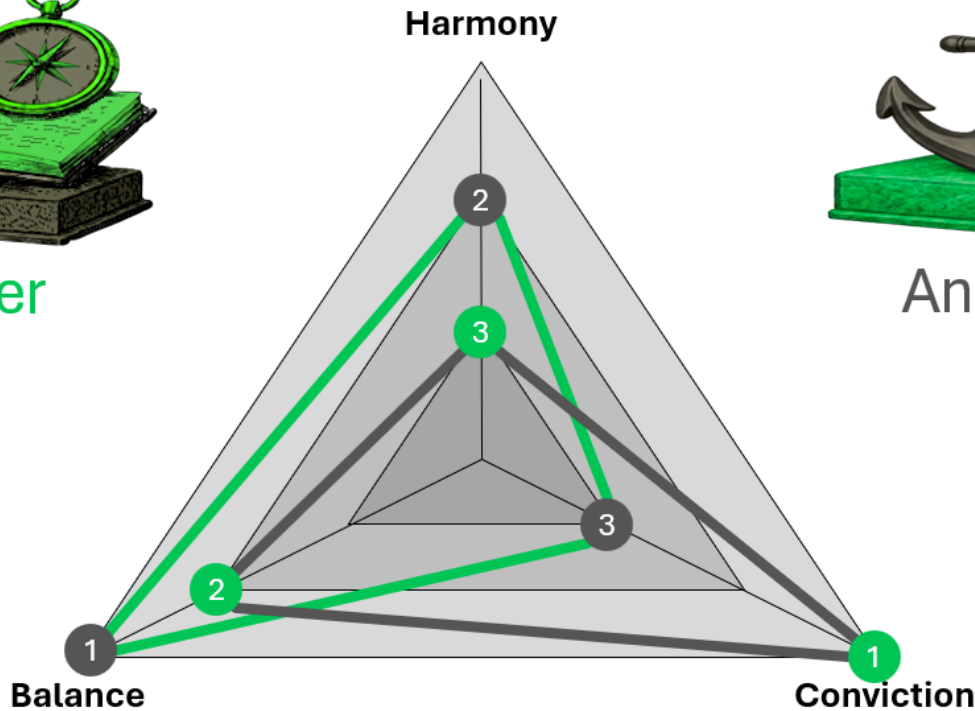


Guider

B-H-C



Anchor



Shared Strength

The Guider and Anchor form an exceptionally stable, methodical alliance dedicated to operational consistency. The Guider provides strategic oversight, while the Anchor supplies the ground-level stability to keep processes predictable. Together, they create a disciplined environment that excels at maintaining long-term standards and reliability.

Shared Challenge

Their primary risk is an over-fixation on maintenance, creating a barrier to outward growth. Because both prioritize stability and process adherence, they can become trapped in a cycle of risk-aversion, avoiding the bold decisions required for innovation. Without external disruption, they tend to protect the status quo rather than push for evolution.

C-B-H

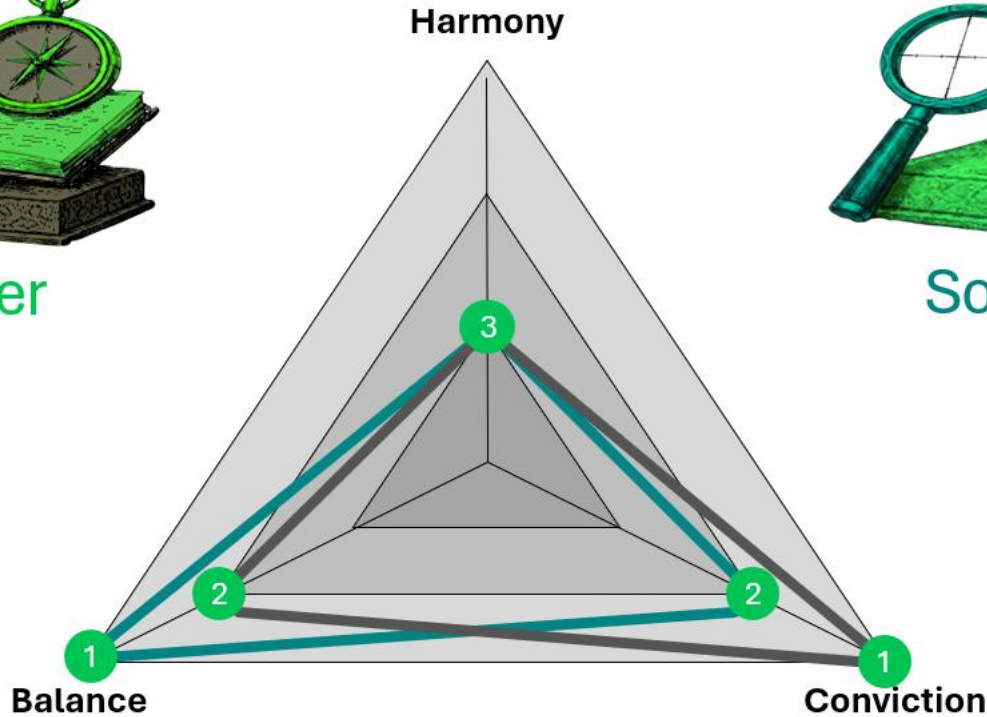


Guider

B-C-H



Solver

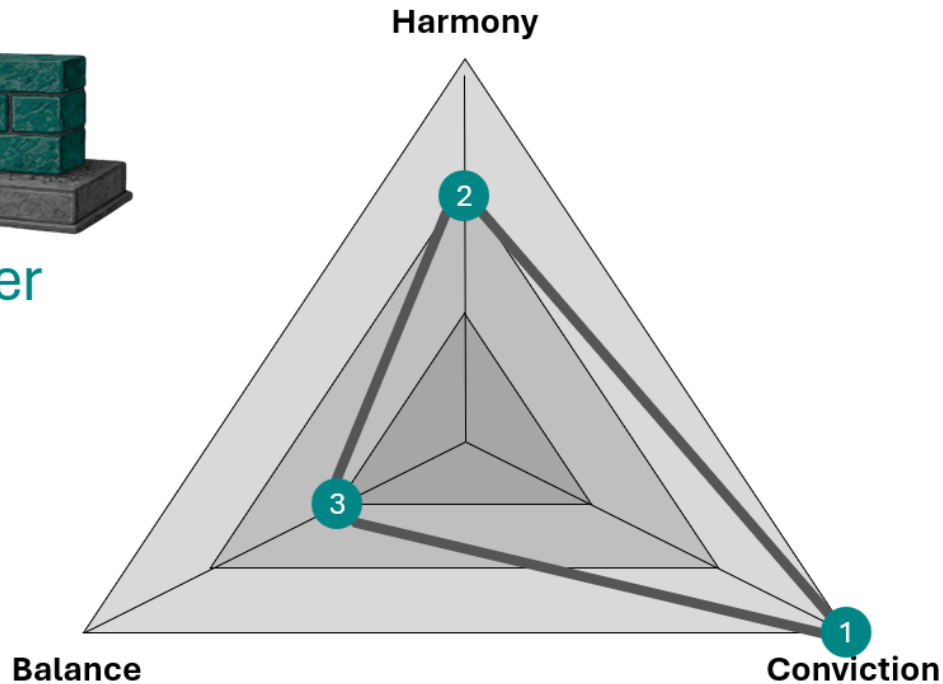


Shared Strength

The Guider and Solver form a highly analytical alliance dedicated to logical accuracy. The Guider provides strategic mapping, while the Solver supplies the deep, fact-based diagnostic power to resolve complex problems. Together, they create a disciplined environment that excels at identifying inefficiencies and ensuring initiatives are grounded in sound, data-backed reasoning.

Shared Challenge

Their primary risk is an over-fixation on perfection, which can paralyze decision-making. Because both prioritize systematic order, they often struggle to account for human intuition or urgent action. Without external influence to provide context or speed, they tend to stall momentum by over-analyzing minor variables instead of moving forward.



Behavior Pattern – Builder

The Builder is a bold, decisive, and fast-moving person who gets things done by combining strong personal conviction with an ability to easily rally a crowd.

They aren't afraid to challenge the status quo, break through roadblocks, and turn ideas into reality right away.

Even though they move fast and focus heavily on results, they can switch on a warm, relational side to get everyone in the room aligned behind their goals.

They have little patience for rigid bureaucracy, micromanagement, or slow safety rules, choosing to lead through speed and independent action rather than getting bogged down in red tape.

Rank 1–2 Pairing – Conviction & Harmony

This pairing is the Builder's primary engine. Secured by an absolute peak in Conviction and backed by a strong Harmony close behind it, this combination functions as a high-velocity momentum engine with a genuinely relational edge.

The Builder doesn't merely participate, they actively initiate, project unyielding personal belief, and use relationship dynamics, storytelling, and persuasion to bring a room with them.

Unlike a cold taskmaster, they understand that reaching a goal requires a willing team, and they package their drive in a way that generates authentic buy-in rather than forced compliance.

Rank 2–3 Pairing – Harmony & Balance

This pairing shows where the Builder's relational side meets their impatience with structure. With Harmony present but Balance sitting at the very bottom of their ranking, they're willing to invest real energy in bringing people along, but very little in slow, methodical process.

They reject managing steady, predictable workflows or protecting rigid checklists, their architecture is built to outpace structure, not maintain it.

Rank 1–3 Pairing – Conviction & Balance

This pairing captures the Builder's widest gap and their sharpest blind spot. Peak Conviction gives them a fierce, standard-setting drive, but with Balance all the way at the bottom, that drive comes with zero patience for slow-moving governance.

The Builder doesn't rely on sterile protocols, data verification, or analytical distance to make choices, they move on independent instinct, expecting their speed and results to justify skipping the checkpoints that would otherwise slow them down.

5 Key Strengths

Groundbreaking Change – Boldly breaks out of old constraints to target entirely new horizons and opportunities.

Strategic Championship – Drives bold, high-reward efforts forward with absolute conviction and real resolve.

Securing Buy-In – Actively bridges their forward-looking conviction with real connection to win over the skeptical.

Purpose-Driven Strategy – Connects a bold shift to a deeply meaningful, inspiring human purpose.

Resilient Expansion – Navigates uncertainty effortlessly, pushing past safe boundaries to achieve real growth.

5 Key Cautions

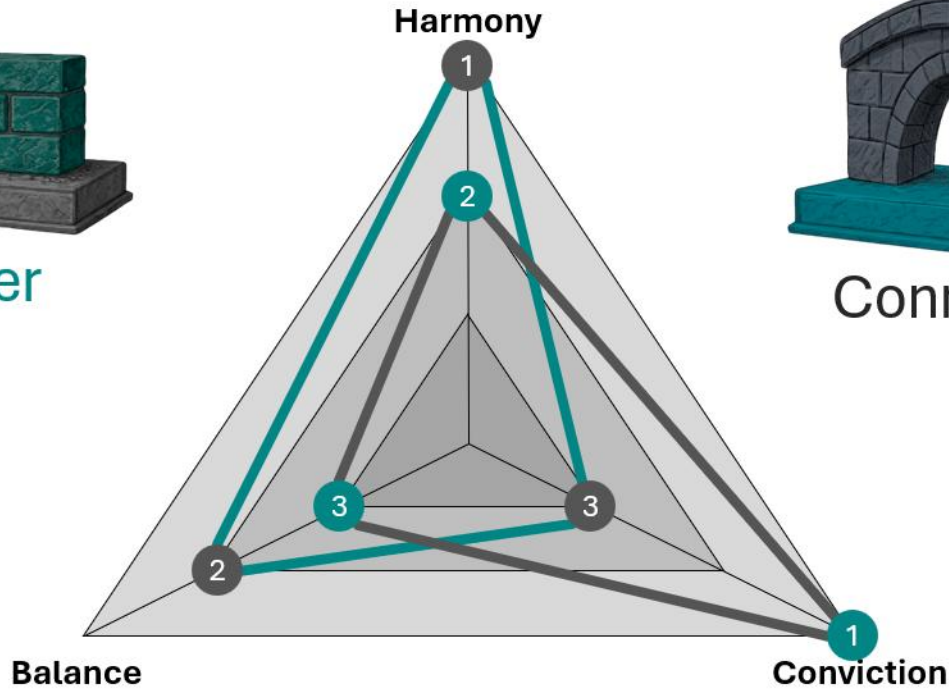
Guardrail Disregard – Bypasses protections meant to keep others safe, exposing the relationship to real vulnerability.

Strategic Instability – Risks pivoting from one big change to the next before anchoring or completing what came before.

Personal Burnout – Exhausts their own long-term energy by operating at a constant, unsustainable peak.

Process Disconnection – Grows highly impatient with slowing down, viewing caution as unnecessary friction.

Cultural Volatility – Forces major change too rapidly, stretching the people around them past their breaking point.

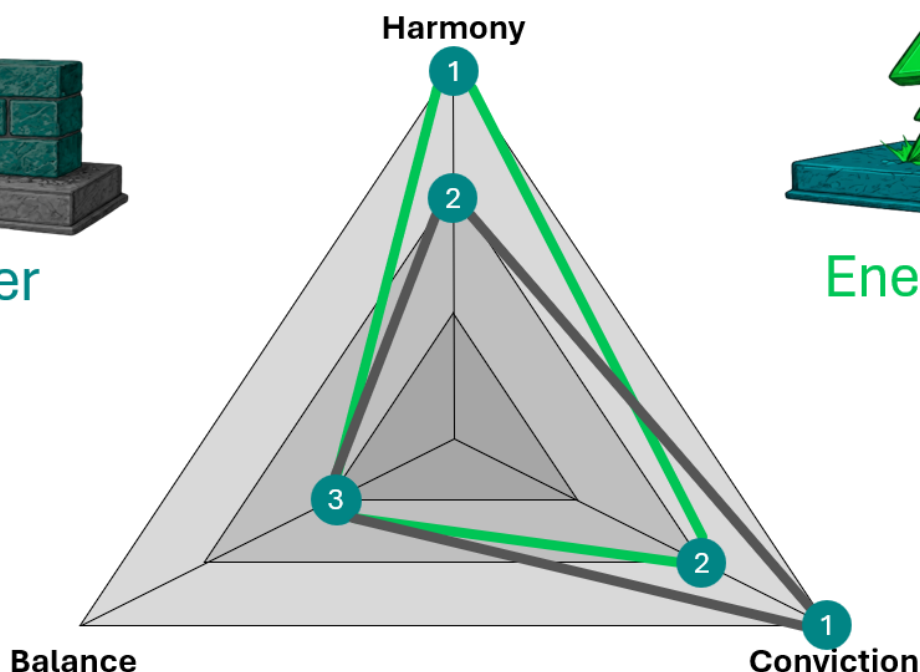


Shared Strength

The Builder and Connector form a high-impact alliance that bridges human connection with driving execution. The Connector provides the interpersonal mediation and deep empathy needed to keep team morale high, while the Builder supplies the conviction and momentum to push initiatives forward. Together, they create a rhythm that balances intense, goal-oriented progress with a healthy, supportive group culture.

Shared Challenge

Their primary friction point is a tug of war between relational harmony and rapid speed. Because the Builder prioritizes velocity and outcome, they can feel frustrated by the Connector's need to pause for group consensus and interpersonal alignment. Conversely, the Connector may view the Builder's aggressive drive as disruptive, causing them to stall momentum by over-focusing on the emotional comfort of the room.

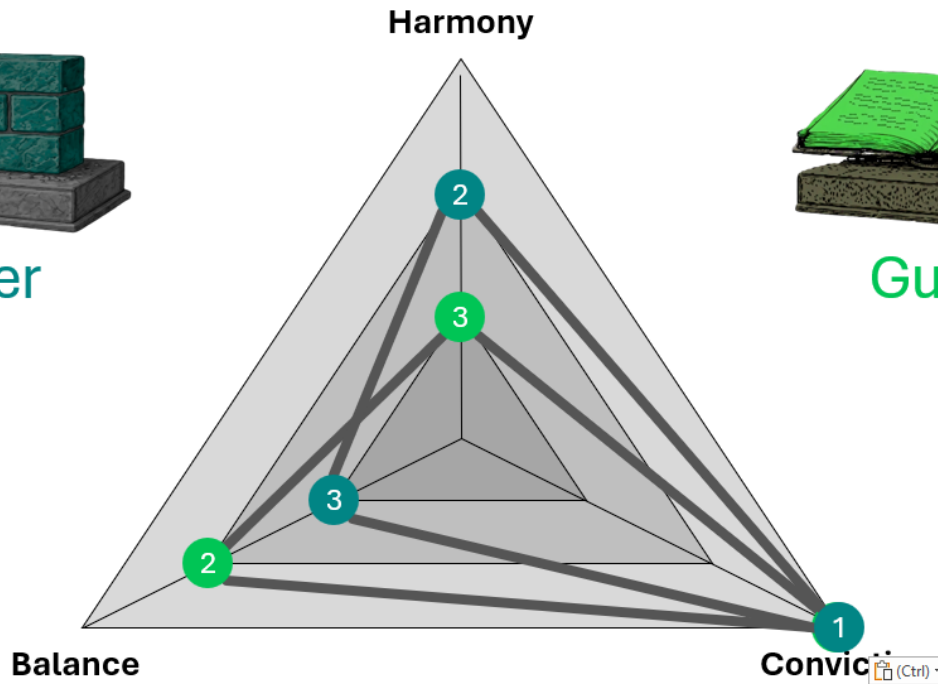


Shared Strength

The Builder and Energizer form a high-velocity alliance that bridges relational enthusiasm with structural execution. The Energizer sparks rapid momentum, while the Builder provides the objective rigor required to turn energy into concrete results. Together, they balance forward-moving initiative with disciplined, task-oriented achievement.

Shared Challenge

Their primary friction point is a tug of war between expansive energy and focused structure. The Energizer prioritizes broad engagement, often feeling frustrated by the Builder's narrow focus on technical perfection. Conversely, the Builder may view the Energizer's people-focused approach as a disorganized use of time, requiring them to align these different paces to maintain productivity.

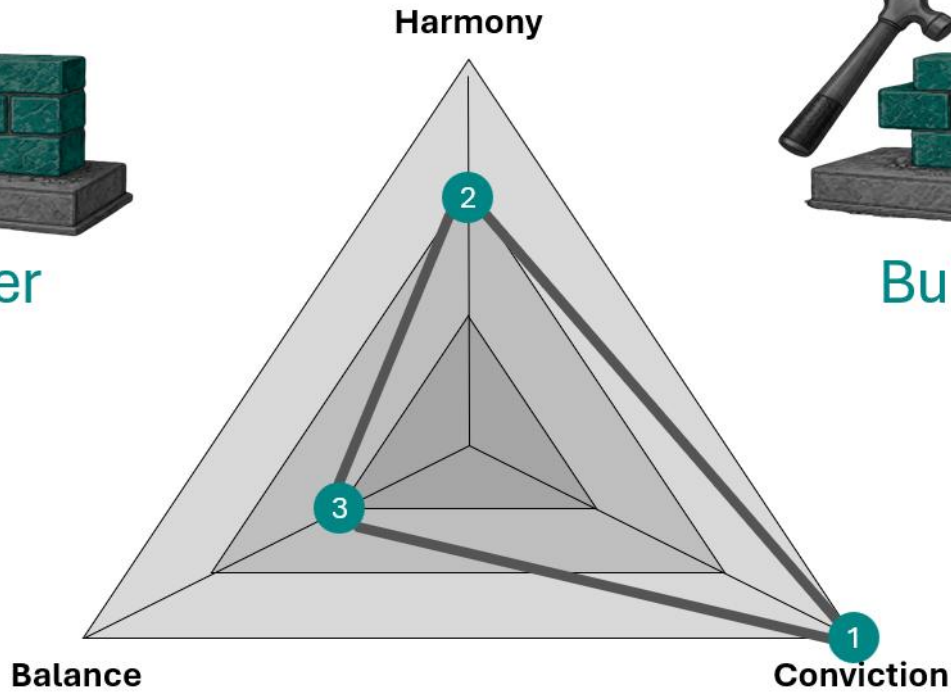


Shared Strength

The Guider and Builder form a formidable alliance pairing strategic foresight with driving conviction. The Guider provides the methodical mapping to keep projects on course, while the Builder supplies the momentum to turn plans into tangible results. Together, they balance thoughtful preparation with goal-oriented achievement.

Shared Challenge

Their primary friction point is the tug of war between planning and progress. The Guider prioritizes risk assessment, which can feel like unnecessary stalling to the action-oriented Builder. Conversely, the Builder often views the Guider's desire for order as rigid, leading them to bypass protocols to maintain speed.

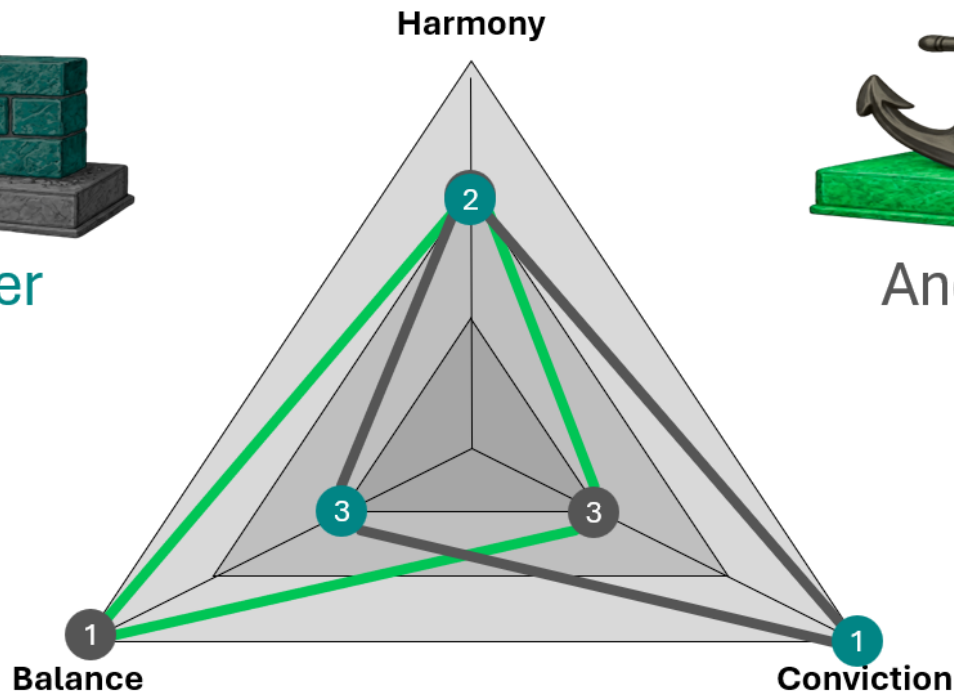


Shared Strength

Two Builders form a high-impact, powerhouse alliance optimized for rapid execution and tangible results. With a unified radar for focused output, they amplify each other's drive to crush milestones, enforce technical standards, and transform abstract visions into concrete realities. They excel at maintaining an intense, goal-oriented rhythm that consistently delivers high-quality outcomes.

Shared Challenge

Their primary risk is a narrow, tunnel-vision approach, trapping them in an echo chamber of relentless production. By de-prioritizing broad engagement and interpersonal nuance, they often overlook team morale and neglect necessary collaborative harmony. Without external balance, they tend to sacrifice long-term relational health for the sake of immediate, task-focused performance.

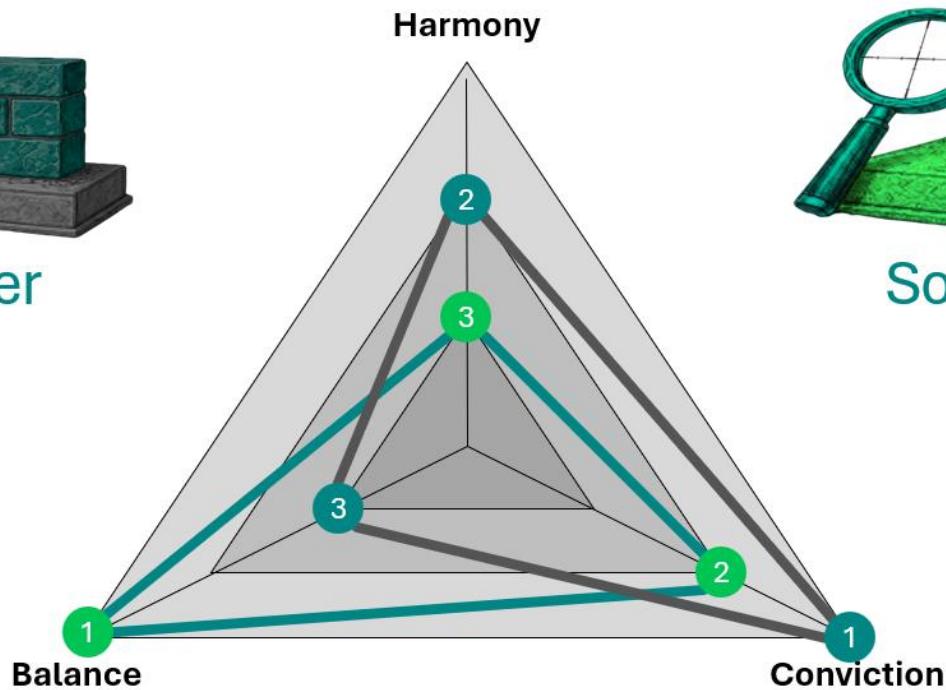


Shared Strength

The Builder and Anchor form a disciplined alliance focused on stable execution. The Builder provides drive and momentum, while the Anchor supplies the structural balance needed to keep operations sustainable. Together, they create a steady rhythm that balances ambitious progress with the control required for long-term quality.

Shared Challenge

Their primary friction is the tug of war between rapid output and careful maintenance. The Builder prioritizes speed, often feeling constrained by the Anchor's need to pause for process verification. Conversely, the Anchor may view the Builder's high-velocity approach as reckless, stalling progress by over-focusing on operational safeguards.



Shared Strength

The Builder and Solver form an output-driven alliance optimized for complex problem solving. The Builder provides the momentum to drive tasks forward, while the Solver supplies the diagnostic logic to refine results. Together, they balance fast-paced production with the data-backed precision required for superior outcomes.

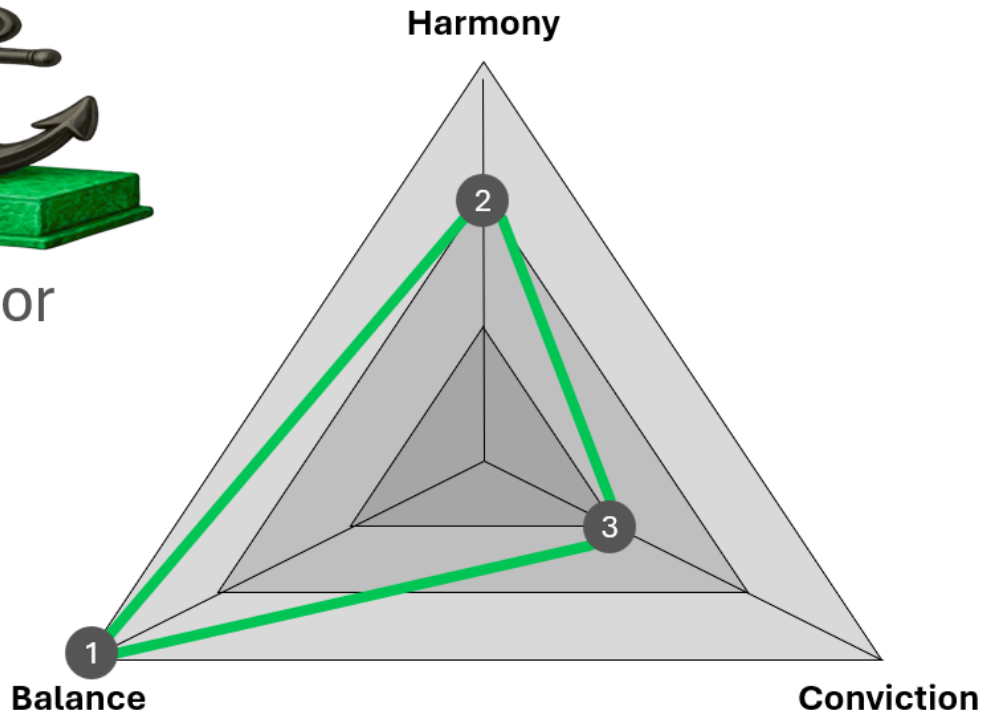
Shared Challenge

Their friction point is the tug of war between speed and analytical perfection. The Builder prioritizes rapid results, often feeling frustrated by the Solver's clinical focus on analyzing minor variables. Conversely, the Solver may view the Builder's high-velocity approach as impulsive or prone to overlooking critical errors.

B-H-C



Anchor



Behavior Pattern – Anchor

The Anchor is a steady, supportive, and protective teammate who loves creating a down-to-earth environment where everyone can do their best work.

They focus heavily on building a safe, predictable routine where the pace is realistic and people truly care about one another.

They approach tasks with a kind, human lens, and they are always willing to adjust plans if it helps keep team morale high.

Because they care so much about keeping the peace and maintaining a solid foundation, they will naturally steer clear of giving orders, competing aggressively, or pushing a selfish personal agenda.

Rank 1–2 Pairing – Balance & Harmony

This pairing is the Anchor's primary engine. Secured by an absolute peak in Balance and backed by a strong Harmony close behind it, this combination gives the Anchor an exceptionally personal, protective focus.

They don't view workspaces as sterile factories, they see them as living communities that require steady frameworks and collective comfort.

By matching ironclad operational support with real relational sensitivity, they make the team feel both protected and organized at once.

Rank 2–3 Pairing – Harmony & Conviction

This pairing shows the Anchor's quiet, receptive side.

With Harmony strong and Conviction sitting at the very bottom, they operate with deep, grounded warmth without needing to push or direct.

They choose to be present for the team, tracking morale and offering quiet, reliable support, a steady relational presence rather than an expressive or commanding one, making sure people feel heard without ever needing to take charge.

Rank 1–3 Pairing – Balance & Conviction

This pairing captures the Anchor's widest gap.

Peak Balance gives them a deep commitment to steady, protective structure, but with Conviction all the way at the bottom, that structure rarely comes paired with commanding force.

The Anchor rejects driving individual demands, forcing sudden pivots, or pushing outcomes through unilateral pressure, they naturally step back from competitive, fast-moving friction points to keep the environment cooperative and safe for everyone.

5 Key Strengths

Reliable Workflows – Designs highly stable, repeatable routines that serve as the predictable backbone of daily life.

Safeguarding Trust – Constructs long-term habits specifically built to protect the wellbeing of the people they love.

Steady Foundation – Delivers unwavering dependability, consistently showing up for the small, daily things without dropping them.

Risk Mitigation – Expertly weaves real structure together with relational care to protect against unexpected chaos.

Systemic Patience – Methodically paces real growth, making sure what is being asked of someone matches what they can honestly carry.

5 Key Cautions

Innovation Resistance – Over-indexes on stabilizing what already exists, treating a necessary change as a threat to peace.

Hyper-Risk Aversion – Avoids a worthwhile risk, which can leave real opportunities for growth unexplored.

Conviction Suppression – Silences their own honest viewpoint or delays an urgent conversation just to maintain comfort.

Bureaucratic Overhead – Overcomplicates things by adding layer upon layer of protective habits, slowing down real response.

Status-Quo Stagnation – Protects old routines long past their usefulness, out of a deep personal need for stability.

B-H-C

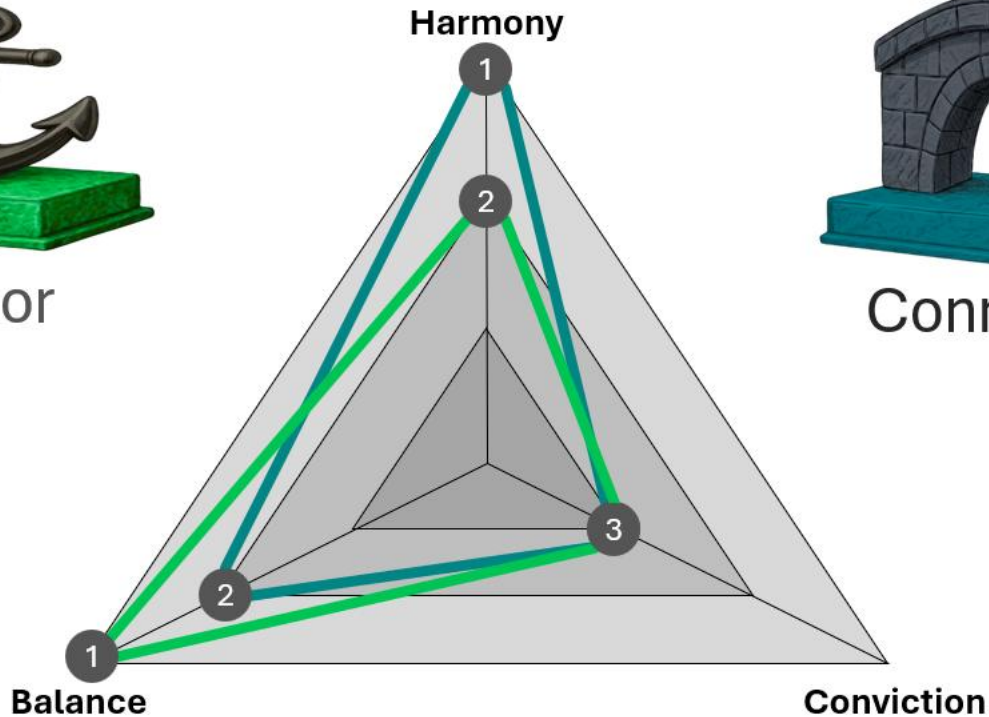


Anchor

H-B-C



Connector



Shared Strength

The Anchor and Connector build a stable partnership focused on team wellbeing. Both prioritize human connection and structural reliability, excelling at building psychological safety and organizational consistency. The Connector preserves group harmony, while the Anchor provides the predictable framework needed to keep the team secure.

Shared Challenge

Their primary risk is stagnation, as both pull away from the bold conviction needed for outward growth. By prioritizing internal comfort and existing processes, they easily become trapped in a loop of administrative caution. Without external disruption, they tend to avoid tough decisions and delay innovation to protect the status quo.

B-H-C

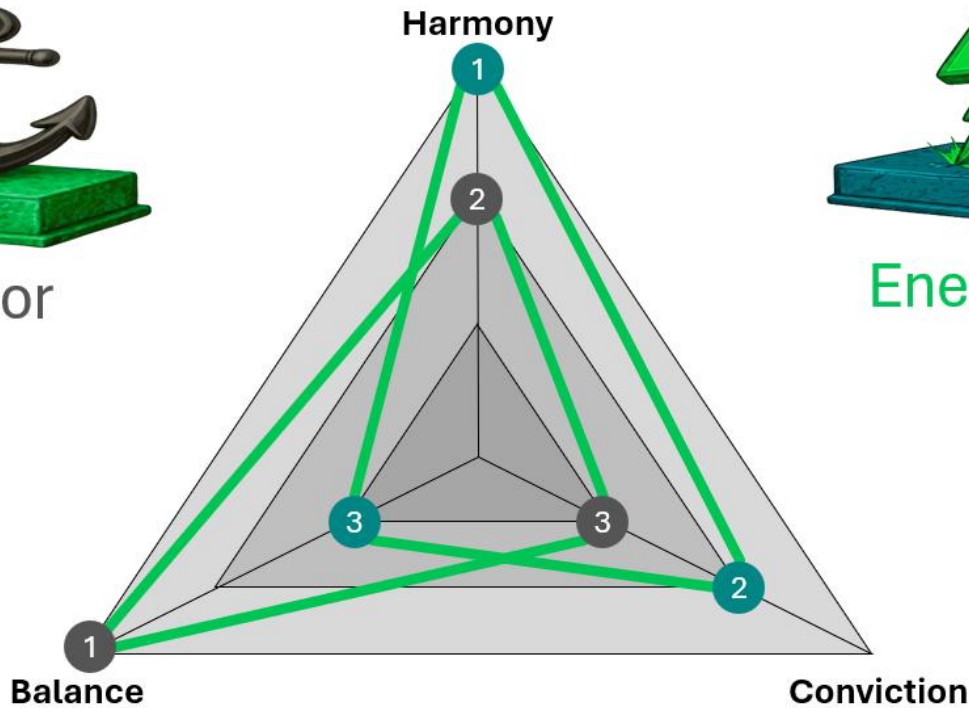


Anchor

H-C-B



Energizer



Shared Strength

The Anchor and Energizer bridge driving momentum with stabilizing consistency. The Energizer sparks progress through conviction, while the Anchor provides the operational groundedness to ensure efforts remain sustainable. Together, they balance bold initiative with the structural control required for long-term reliability.

Shared Challenge

Their primary friction point is the tug of war between expansive energy and cautious maintenance. The Energizer prioritizes speed, often feeling frustrated by the Anchor's need for stability. Conversely, the Anchor may view the Energizer's drive as volatile, stalling momentum by over-focusing on systemic safeguards.

B-H-C

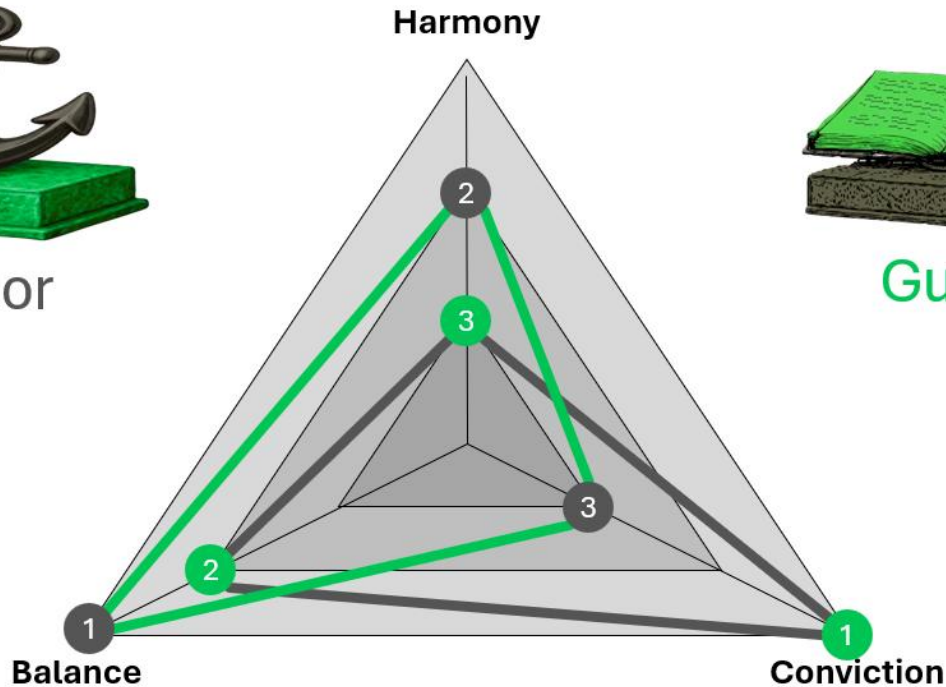


Anchor

C-B-H



Guider



Shared Strength

The Anchor and Guider form an exceptionally stable, methodical alliance dedicated to operational consistency. The Guider provides strategic oversight, while the Anchor supplies the ground-level stability to keep processes predictable. Together, they create a disciplined environment that excels at maintaining long-term standards and reliability.

Shared Challenge

Their primary risk is an over-fixation on maintenance, creating a barrier to outward growth. Because both prioritize stability and process adherence, they can become trapped in a cycle of risk-aversion, avoiding the bold decisions required for innovation. Without external disruption, they tend to protect the status quo rather than push for evolution.

B-H-C

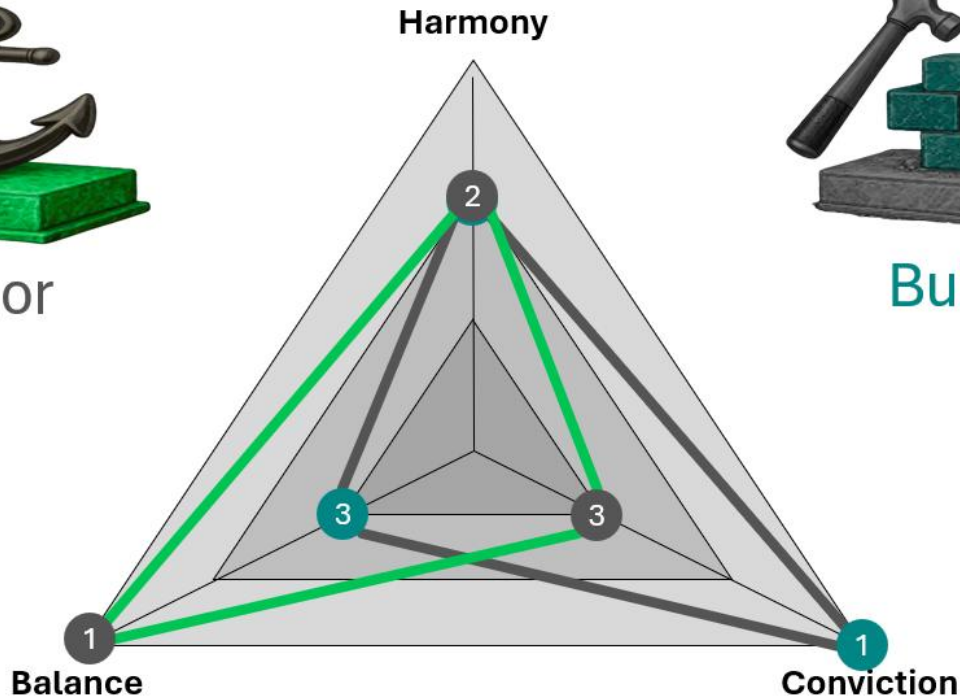


Anchor

C-H-B



Builder



Shared Strength

The Anchor and Builder form a disciplined alliance focused on stable execution. The Builder provides drive and momentum, while the Anchor supplies the structural balance needed to keep operations sustainable. Together, they create a steady rhythm that balances ambitious progress with the control required for long-term quality.

Shared Challenge

Their primary friction is the tug of war between rapid output and careful maintenance. The Builder prioritizes speed, often feeling constrained by the Anchor's need to pause for process verification. Conversely, the Anchor may view the Builder's high-velocity approach as reckless, stalling progress by over-focusing on operational safeguards.

B-H-C

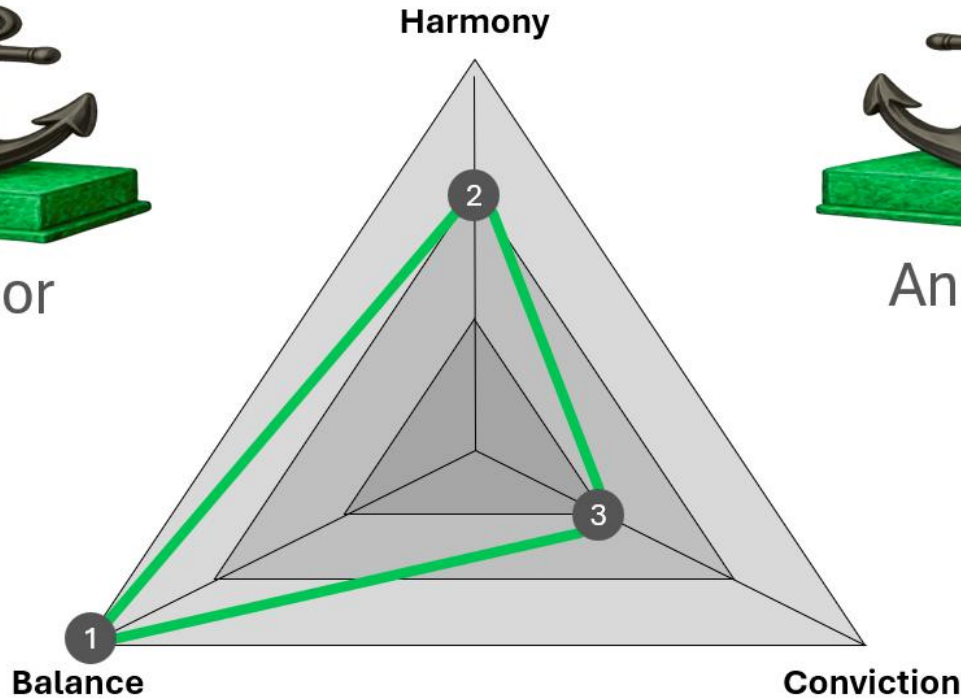


Anchor

B-H-C



Anchor



Shared Strength

Two Anchors form a highly stable, cautious alliance centered on operational consistency. With a unified focus on risk mitigation and process adherence, they excel at maintaining standards, ensuring quality control, and providing a reliable foundation for long-term operations. They create a secure, predictable environment that prioritizes steadiness above all else.

Shared Challenge

Their primary risk is an extreme degree of stagnation, trapping them in an echo chamber of risk-aversion. Because both profiles emphasize stability and guardrails, they lack the driving conviction or disruptive energy needed to innovate or pivot. Without external influence, they tend to over-protect the status quo, effectively stalling growth to avoid the uncertainties of change.

B-H-C

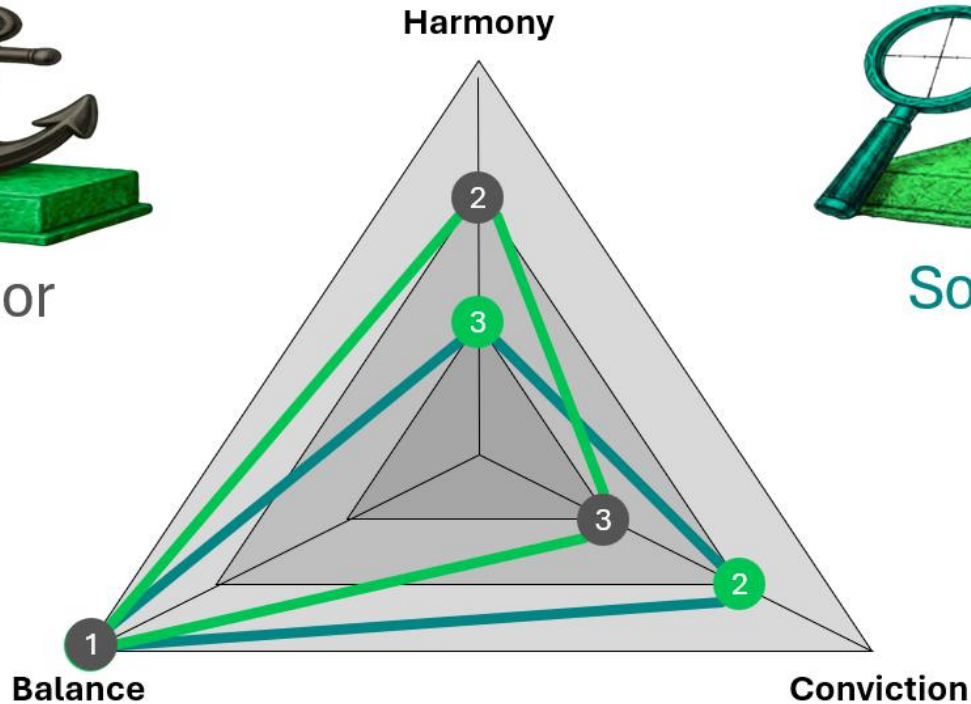


Anchor

B-C-H



Solver



Shared Strength

The Anchor and Solver form a methodical alliance dedicated to operational stability. The Anchor maintains predictable processes, while the Solver provides the analytical depth to resolve complex issues. Together, they create a disciplined, low-risk environment that excels at maintaining operational integrity.

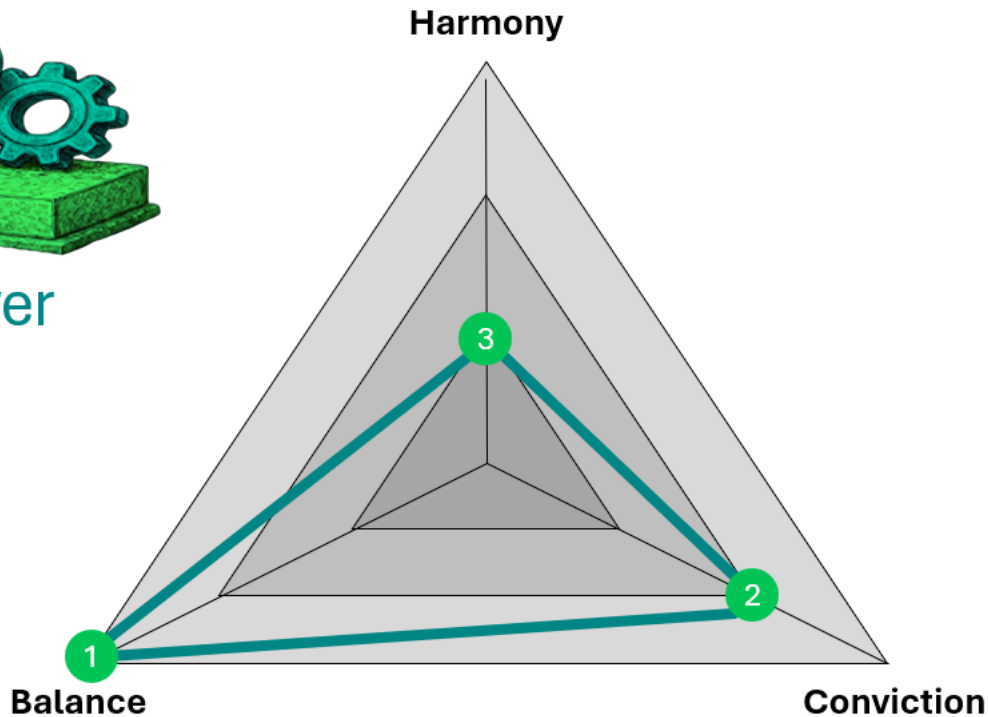
Shared Challenge

Their primary risk is an over-fixation on caution, which can paralyze innovation. Because both prioritize stability and logic, they often struggle to account for the bold decisions needed for evolution. Without external influence to provide speed, they tend to stall progress by over-analyzing risks rather than taking action.

B-C-H



Solver



Behavior Pattern – Solver

The Solver is a highly disciplined, organized, and logical thinker who loves digging into data, fixing systems, and making things run perfectly.

They are at their best when they are taking apart complex problems, spotting errors, and building practical solutions.

They look at the world through an objective lens, relying on hard facts and clear boundaries to keep things safe and orderly.

Because they value accurate information and practical boundaries over social politics, they will consciously steer away from personal coaching or emotional drama to keep their focus completely unbiased and clear.

Rank 1–2 Pairing – Balance & Conviction

This pairing is the Solver's primary engine. Secured by an absolute peak in Balance and backed by a strong Conviction close behind it, this combination gives the Solver unmatched factual clarity.

They evaluate environments entirely through metrics, track concrete data, mitigate organizational risks, and establish unyielding operational guardrails.

By matching strict systemic control with ironclad personal standards, they ensure solutions are mathematically sound and built to scale.

Rank 2–3 Pairing – Conviction & Harmony

This pairing shows where the Solver's structured drive meets their lowest priority.

With Conviction strong and Harmony sitting at the very bottom, they possess deep internal beliefs and quiet determination to execute goals, but that determination rarely bends toward relational calibration.

They don't step forward to manage emotional climates or navigate interpersonal friction; their focus stays on driving technical milestones with clarity and purpose rather than managing the mood of the room.

Rank 1–3 Pairing – Balance & Harmony

This pairing captures the Solver's widest gap and clearest blind spot.

Peak Balance gives them an unshakable commitment to structure and rule adherence, but with Harmony all the way at the bottom, that structure comes with almost no interpersonal softness.

The Solver doesn't look at workflows through a lens of comfort or people-pleasing diplomacy, they expect established guidelines and protocols to protect the ecosystem on their own, prioritizing functional precision over emotional fixes.

5 Key Strengths

Organizational Integrity – Anchors any environment by holding every process and person accountable to firm, honest standards.

Clear Metrics – Establishes precise, honest benchmarks to ensure effort is measured accurately and fairly.

Firm Boundaries – Sets up real guardrails that protect what matters most from careless or unnecessary risk.

Predictable Delivery – Ensures daily routines run smoothly and reliably, within the scope of what was actually agreed to.

Impartial Anchor – Makes tough calls based entirely on honest principles and real facts, eliminating personal favoritism.

5 Key Cautions

Empathy Blind Spot – Suffers from a natural deficit in relational care, processing a hard moment as a variance to be corrected.

Rigid Inflexibility – Resists making real-time, compassionate adjustments when someone's actual needs conflict with the plan.

Diplomatic Friction – Grows intensely frustrated by social nuance or indirect communication, viewing it as highly inefficient.

Process Over Morale – Risks alienating people they care about by enforcing standards with clinical, uncompromising detachment.

Progress Stagnation – Can choke out a better solution by prioritizing strict adherence to past rules over new approaches.

B-C-H

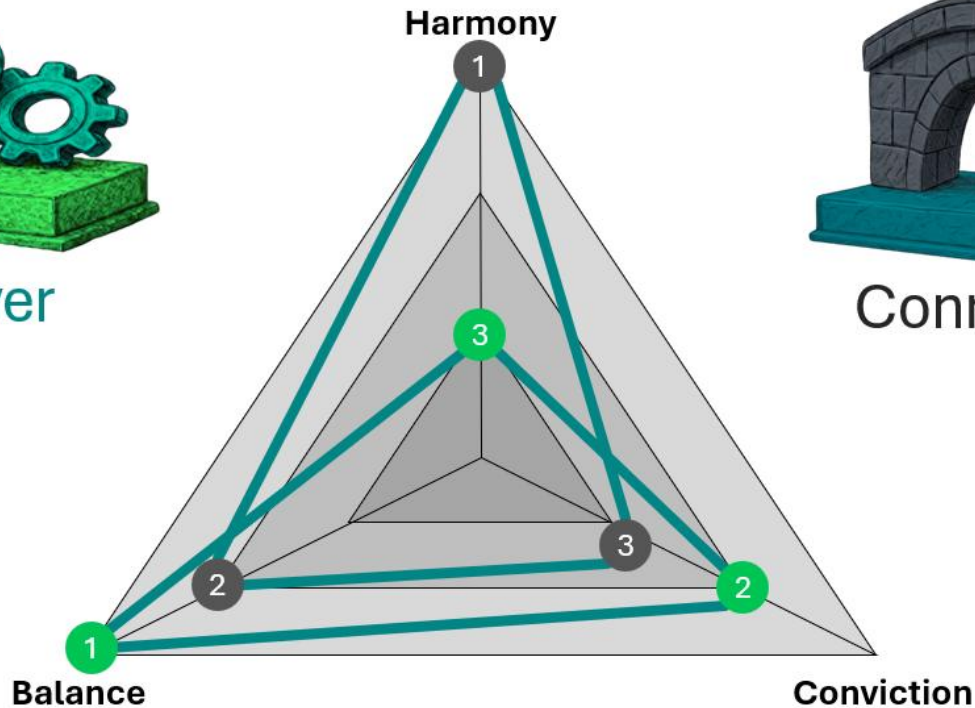


Solver

H-B-C



Connector



Shared Strength

The Solver and Connector form a comprehensive alliance that bridges human connection with technical precision. The Connector brings relational diplomacy and empathy to maintain group cohesion, while the Solver provides the objective logic and structural balance required for complex problem-solving. Together they ensure that organizational initiatives are grounded in both factual accuracy and genuine team trust.

Shared Challenge

Their primary friction point is a tug of war between subjective accommodation and detached logic. The Connector wants to preserve interpersonal harmony and often views the Solver's rigid adherence to data as overly clinical or cold. Conversely, the Solver prioritizes objective truth and systematic order, often growing frustrated when the Connector delays tough decisions just to protect the emotional comfort of the room.

B-C-H

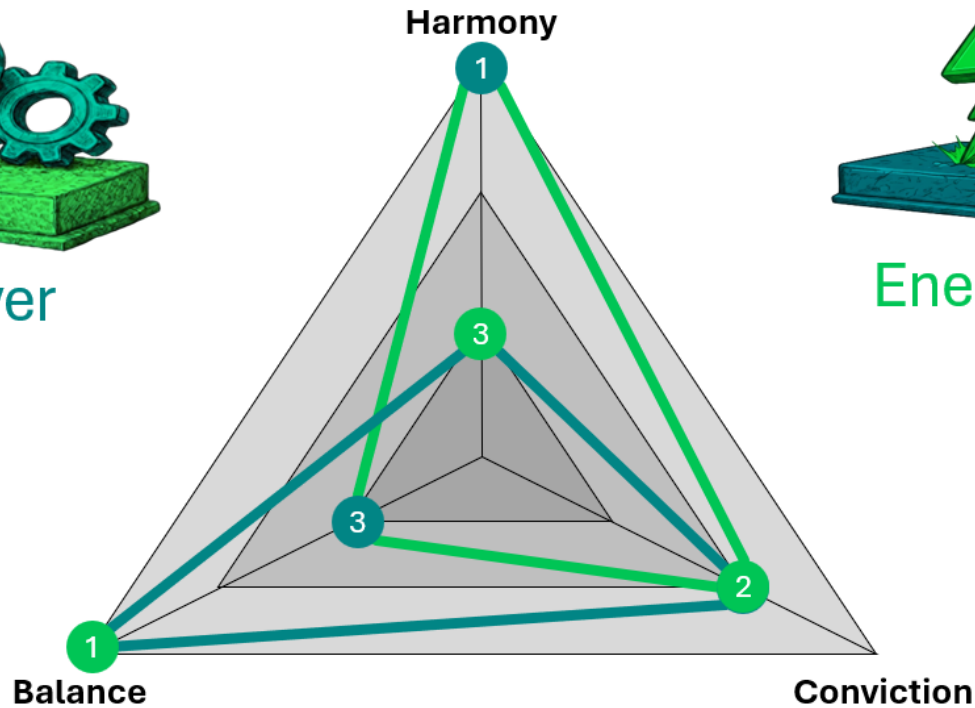


Solver

H-C-B



Energizer



Shared Strength

The Solver and Energizer bridge infectious momentum with analytical precision. The Energizer sparks rapid progress through conviction and engagement, while the Solver provides the objective logic needed to diagnose issues and refine execution. Together, they balance bold, forward-moving initiative with the factual accuracy required for high-impact problem solving.

Shared Challenge

Their primary friction point is the tug of war between expansive energy and detached analysis. The Energizer prioritizes speed and human connection, often feeling stifled by the Solver's clinical focus on data and structural logic. Conversely, the Solver may view the Energizer's drive as disorganized or impulsive, stalling momentum by over-analyzing potential pitfalls.

B-C-H

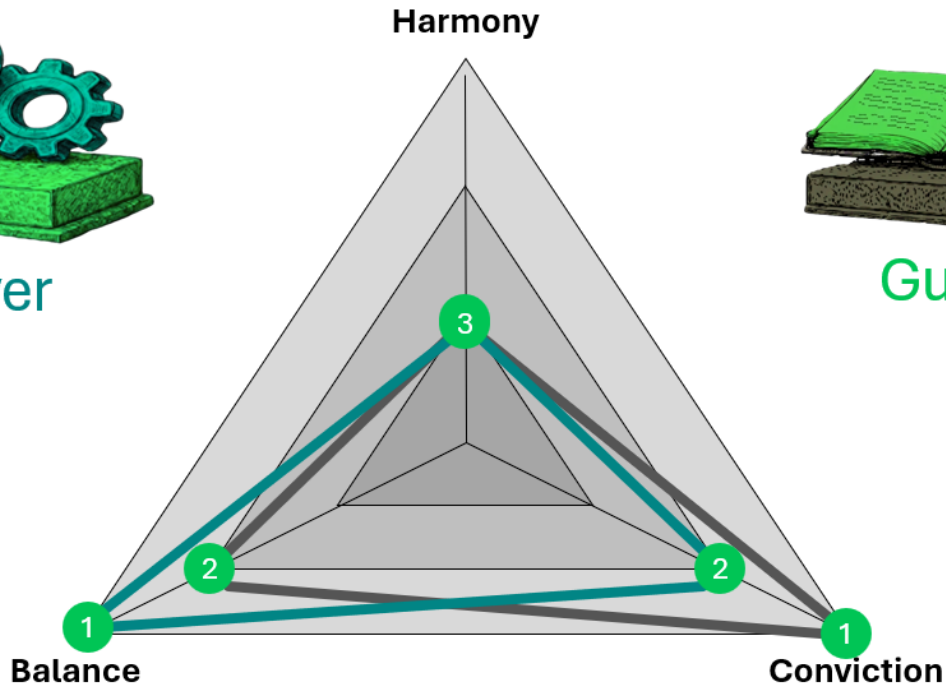


Solver

C-B-H



Guider



Shared Strength

The Solver and Guider form a highly analytical alliance dedicated to logical accuracy. The Guider provides strategic mapping, while the Solver supplies the deep, fact-based diagnostic power to resolve complex problems. Together, they create a disciplined environment that excels at identifying inefficiencies and ensuring initiatives are grounded in sound, data-backed reasoning.

Shared Challenge

Their primary risk is an over-fixation on perfection, which can paralyze decision-making. Because both prioritize systematic order, they often struggle to account for human intuition or urgent action. Without external influence to provide context or speed, they tend to stall momentum by over-analyzing minor variables instead of moving forward.

B-C-H

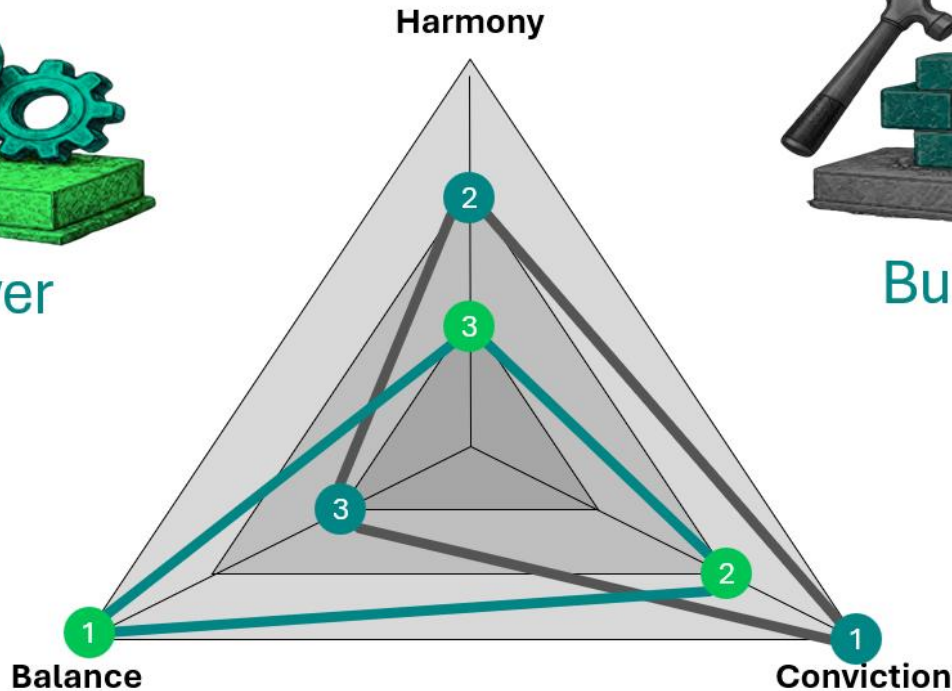


Solver

C-H-B



Builder



Shared Strength

The Solver and Builder form an output-driven alliance optimized for complex problem solving. The Builder provides the momentum to drive tasks forward, while the Solver supplies the diagnostic logic to refine results. Together, they balance fast-paced production with the data-backed precision required for superior outcomes.

Shared Challenge

Their friction point is the tug of war between speed and analytical perfection. The Builder prioritizes rapid results, often feeling frustrated by the Solver's clinical focus on analyzing minor variables. Conversely, the Solver may view the Builder's high-velocity approach as impulsive or prone to overlooking critical errors.

B-C-H

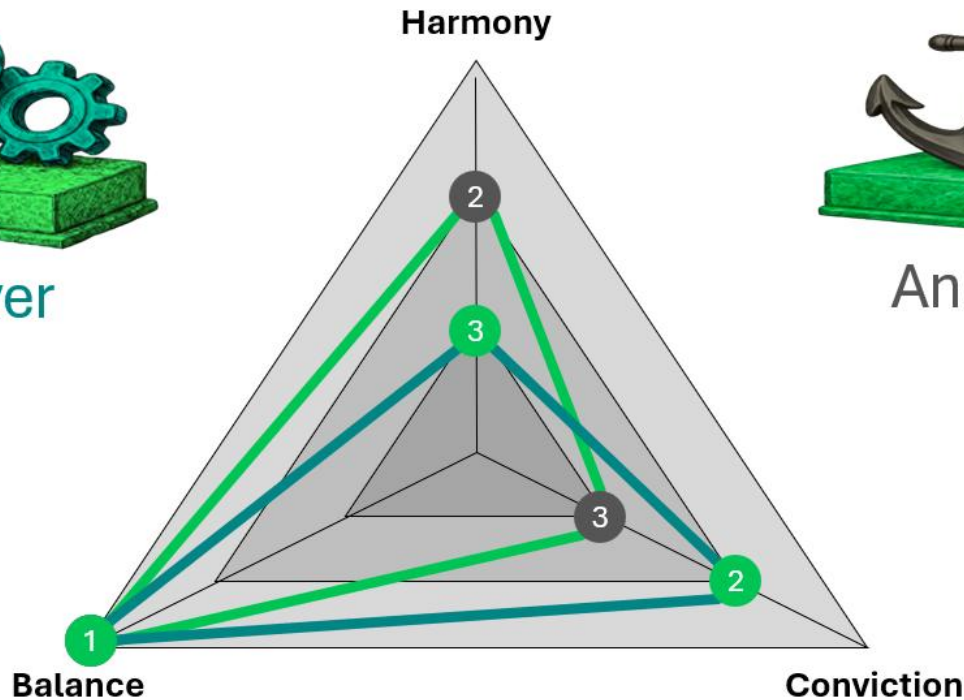


Solver

B-H-C



Anchor



Shared Strength

The Solver and Anchor form a methodical alliance dedicated to operational stability. The Anchor maintains predictable processes, while the Solver provides the analytical depth to resolve complex issues. Together, they create a disciplined, low-risk environment that excels at maintaining operational integrity.

Shared Challenge

Their primary risk is an over-fixation on caution, which can paralyze innovation. Because both prioritize stability and logic, they often struggle to account for the bold decisions needed for evolution. Without external influence to provide speed, they tend to stall progress by over-analyzing risks rather than taking action.

B-C-H

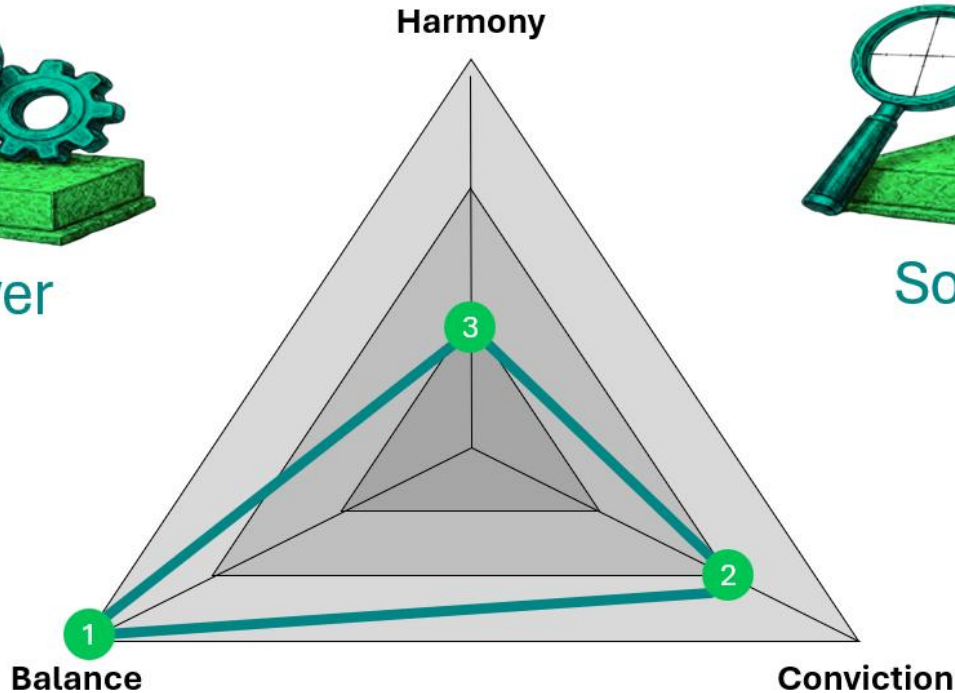


Solver

B-C-H



Solver



Shared Strength

Two Solvers form a diagnostic, logic-driven alliance optimized for complex problem solving. They amplify each other's ability to dissect issues, identify inefficiencies, and map out data-backed solutions. They excel at maintaining a disciplined environment that prioritizes intellectual rigor and precision.

Shared Challenge

Their primary risk is an over-fixation on clinical detachment, trapping them in an echo chamber of theoretical analysis. By de-prioritizing human nuance, they often overlook team morale and neglect necessary interpersonal support. Without external balance, they tend to sacrifice relational health for the sake of sterile, objective perfection.

Closing Statement

Structure Six is not meant to define you, it is meant to help you understand yourself more clearly.

The patterns in this booklet offer a way to recognize natural strengths, recurring tendencies, and areas for growth with greater awareness and intention.

Use this insight as a starting point, not a limit. Let it guide reflection, deepen understanding, and support the way you relate to yourself and others.

Growth begins with awareness, and awareness creates the opportunity to move forward with greater clarity, steadiness, and purpose.